

Nationaal Kampioenschap Lange Afstand - Sporta / FROS / CTFN

Zo 26 januari 2020

Wachtebeke Domein Puyenbroeck Wachtebeke
(50m, 8 Banen ,)

Sporta vzw



Zondag 26 januari 2020 Namiddag 50m

Wedstrijd 01. 400m Vrije Slag Gemengd Dolfijnen

Dolfijn			Tijd	FINA	R
1. Femke De Cuyper 100m 1:24.27 200m 2:58.58	V 10	VZO (7:04.90 25m)	6:08.77	+13.21%	272 6
2. Ditte Claeys 100m 1:29.83 200m 3:08.96	V 10	VZN (7:53.13 25m)	6:22.80	+19.09%	243 3
3. Elias Timmermans 100m 1:33.90 200m 3:18.01	M 10	ZIB (7:44.88 25m)	6:47.25	+12.40%	157 1
4. Finn Van Gendt 100m 1:37.94 200m 3:27.20	M 10	VZSA (---.--- 25m)	6:53.69		193
5. Matthys Vanvaene 100m 1:37.12 200m 3:26.48	M 9	LZK (6:59.32)	7:08.79	-2.26%	135 5
6. Nicolas Peiren 100m 1:38.19 200m 3:32.27	M 10	ZTB (---.---)	7:19.67		125
7. Ann-sofie Sonnenberg 100m 1:44.44 200m 3:40.53	V 10	ZVM (8:10.00 25m)	7:22.73	+9.65%	157
8. Kyra De Meyer 100m 1:44.05 200m 3:47.94	V 10	ZVM (---.--- 25m)	7:50.07		131
9. Zeppe Traché 100m 1:48.87 200m 3:51.02	M 10	WDK (---.---)	7:57.75		97
10. Warre Baeyens 100m 1:47.17 200m 3:49.23	M 9	LZK (7:53.22)	7:59.76	-1.38%	96
11. Alina Zabeli 100m 1:51.26 200m 3:56.82	V 9	VZO (8:55.44 25m)	8:07.86	+8.89%	117
12. Eliana Zabeli 100m 1:50.52 200m 3:56.14	V 9	VZO (9:25.33 25m)	8:09.08	+13.49%	116
13. Oliwier Kondracikowski 100m 1:44.65 200m 3:58.27	M 10	BBV (7:37.00)	8:13.13	-7.91%	88
14. Deivid Tetaj 100m 1:49.22 200m 3:56.66	M 9	VZO (8:45.22 25m)	8:24.07	+4.03%	83
15. Xander Verbruggen 100m 1:57.28 200m 4:08.50	M 10	ZVM (---.--- 25m)	8:33.34		78
16. Joppe Demeyere 100m 2:14.93 200m 4:41.44	M 10	ZTB (---.---)	9:34.91		56
Daniel Tetaj	M 10	VZO (9:15.44 25m)	forfait		
Jona Morel	M 10	VZG (---.--- 25m)	forfait		
Laure Landrieux	V 10	KZV (---.---)	forfait		

Wedstrijd 1 - 400m vrije slag gemengd DOLFIJNEN

VROUWEN

1	Femke De Cuyper	VZO	6.08.77
2	Ditte Claeys	VZN	6.22.80
3	Ann-sofie Sonnenberç	ZVM	7.22.73

MANNEN

1	Elias Timmermans	ZIB	6.47.25
2	Finn De Gendt	VZSA	6.53.69
3	Matthys Vanvyaene	LZK	7.08.79

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Wedstrijd 02. 200m Vrije Slag Gemengd Eendjes

Eendje				Tijd		FINA	R
1. Arthur Tommelein 100m 1:47.80	M	8	VZO (4:40.44 25m)	3:50.52	+17.80%	86	1
2. Matteo Embo 100m 2:09.60	M	8	LZK (4:30.25)	4:29.33	+0.34%	54	
3. Nina Takacs 100m 2:55.40	V	8	LZK (6:15.08)	6:01.29	+3.68%	30	
4. Arne Verbueken 100m 2:58.26	M	7	ZVM (--:--:-- 25m)	6:02.66		22	
Imane Attigui Opmerking: SW10	V	8	VZSA (--:--:-- 25m)	uitsluiting			
Oona Devuyst	V	7	BZV (5:00.00 25m)	forfait			
Yaro Vanhauteghem	M	8	LZK (4:45.30)	forfait			

Wedstrijd 2 - 200m vrije slage gemengd EENDJES

VROUWEN

1	Nina Takacs	LZK	6.01.29
2			
3			

MANNEN

1	Arthur Tommelein	VZO	3.50.52
2	Matteo Embo	LZK	4.29.33
3	Arne Verbueken	ZVM	6.02.66

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Zondag 26 januari 2020 Namiddag 50m**Wedstrijd 03. 800m Vrije Slag Gemengd Benjamins**

Benjamin				Tijd	FINA	R
1.	Ward Eeckhout	M 12 DELF	(13:25.24 25m)	12:17.93	+8.36%	229
	100m 1:21.85 200m 2:52.82 400m 6:02.45					
2.	Jari Stappaerts	M 12 DELF	(13:25.24 25m)	12:43.04	+5.24%	208
	100m 1:22.88 200m 2:58.58					
3.	Amber Decock	V 12 WDK	(---)	12:43.89		270
	100m 1:29.49 200m 3:06.92 400m 6:22.31					
4.	Quint Moreels Traen	M 12 LZK	(11:51.12)	12:46.02	-7.72%	205
	100m 1:27.50 200m 3:06.12 400m 6:22.70					
5.	Tiebert Dumon	M 12 ZIB	(13:40.87 25m)	12:49.39	+6.27%	202
	100m 1:24.40 200m 3:03.15 400m 6:22.45					
6.	Vic Van Pottelberghe	M 12 VZSA	(15:16.09 25m)	12:51.74	+15.76%	201
	100m 1:28.08 200m 3:06.09 400m 6:24.90					
7.	Liam Reynaert	M 12 WDK	(---)	13:15.91		183
	100m 1:35.38 200m 3:19.96 400m 6:46.12					
8.	Brianna Renier	V 12 VZO	(14:19.19 25m)	13:20.00	+6.89%	235
	100m 1:31.41 200m 3:09.84 400m 6:33.53					
9.	Nanou Van Alsenoy	V 12 ZIB	(14:30.00 25m)	13:37.97	+5.98%	220
	100m 1:30.64 200m 2:53.56 400m 6:45.28					
10.	Kaat De Vos	V 12 VZG	(16:00.00 25m)	13:41.31	+14.45%	217
	100m 1:34.34 200m 3:18.27 400m 6:50.09					
11.	Liam Daele	M 12 VZO	(15:14.91 25m)	13:41.33	+10.23%	166
	100m 1:33.34 200m 3:16.61 400m 6:49.36					
12.	Matteo Timmermans	M 11 ZIB	(14:25.00 25m)	13:48.91	+4.17%	162
	100m 1:31.07 200m 3:15.25 400m 6:49.75					
13.	Noor Loncke	V 12 VZO	(15:51.55 25m)	14:09.81	+10.69%	196
	100m 1:37.50 200m 3:24.59 400m 6:59.11					
14.	Magali Courier	V 12 PRT	(16:00.00 25m)	14:20.17	+10.40%	189
	100m 1:32.94 200m 3:21.69 400m 7:01.63					
15.	Rajan Zabeli	M 12 VZO	(15:17.56 25m)	14:33.76	+4.77%	138
	100m 1:34.54 200m 3:23.04 400m 7:06.98					
16.	Nette Claeys	V 12 VZN	(16:00.58 25m)	14:39.10	+8.48%	177
	100m 1:35.78 200m 3:27.53 400m 7:17.88					
17.	Raphaëlle Delattre	V 11 PRT	(15:48.00 25m)	14:48.95	+6.23%	171
	100m 1:38.21 200m 3:27.76 400m 7:16.69					
18.	Léane Delcroix	V 12 PRT	(16:00.00 25m)	14:53.33	+6.94%	169
	100m 1:36.90 200m 3:27.62 400m 7:17.65					
19.	Nisrine Attigui	V 12 VZSA	(--- 25m)	17:28.15		104
	100m 1:57.01 200m 4:11.30 400m 8:42.03					
	Fara Bonjé	V 12 VZN	(14:29.37 25m)	forfait		

Wedstrijd 3 - 800m vrije slag gemengd BENJAMINS

VROUWEN

1	Amber Decock	WDK	12.43.89
2	Brianna Renier	VZO	13.20.00
3	Nanou Van Alsenoy	ZIB	13.37.97

MANNEN

1	Ward Eeckhout	DELF	12.17.93
2	Jari Stappaerts	DELF	12.43.04
3	Quint Moreels Traen	LZK	12.46.02

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Zondag 26 januari 2020 Namiddag 50m

Wedstrijd 04. 1500m Vrije Slag Mannen M/K/P/S/Vet

Miniem					Tijd	FINA	R
1.	Maarten De Vos	14	VZG	(21:54.82 25m) 20:35.94	+6.00%	354 2
	100m 1:15.36 200m 2:36.12 400m 5:20.18 800m 10:52.85						
2.	Staf Cappon	14	WDK	(---)) 20:39.36		351 2
	100m 1:12.44 200m 2:33.64 400m 5:21.10 800m 10:59.76						
3.	Jasper Massyn	14	ZIB	(22:08.10 25m) 20:51.16	+5.79%	341 1
	100m 1:14.46 200m 2:37.09 400m 5:24.15 800m 11:04.51						
4.	Wannes Ares	14	WDK	(22:09.00 25m) 21:16.62	+3.94%	321
	100m 1:15.28 200m 2:38.09 400m 5:29.78 800m 11:20.37						
5.	Noah Vanbeveren	14	VZN	(25:08.94 25m) 23:23.83	+6.97%	241
	100m 1:24.52 200m 2:58.48 400m 6:11.45 800m 12:32.65						
6.	Artho Heuvelmans	14	VZG	(26:21.84 25m) 25:15.96	+4.16%	192
	100m 1:27.80 200m 3:06.08 400m 6:29.30 800m 13:23.70						
7.	Lennert Kinnaer	14	VZT	(24:36.67 25m) 25:24.09	-3.21%	188
	100m 1:21.39 200m 2:56.78 400m 6:19.90 800m 13:18.33						
8.	Alexander Casaert	14	ZTB	(---)) 27:38.00		146
	100m 1:30.22 200m 3:18.13 400m 7:09.63 800m 14:42.72						
9.	Antoine Delattre	13	PRT	(27:00.00 25m) 27:38.53	-2.38%	146
	100m 1:34.22 200m 3:25.03 400m 7:09.06 800m 14:40.87						
10.	Dylan Osseel	14	VZG	(27:00.00 25m) 29:44.61	-10.16%	117
	100m 1:29.20 200m 3:19.95 400m 7:13.69 800m 15:26.23						
	Ruhne Winderickx	13	ZIB	(27:00.00 25m) forfait		

Kadet					Tijd	FINA	R
1.	Elias Ares	16	WDK	(20:10.00 50m 22Jan17)	19:08.12	+5.11%	441 4
	100m 1:08.56 200m 2:23.91 400m 5:00.13 800m 10:11.13						
2.	Dante Kerckhove	16	BBV	(22:05.53) 21:17.47	+3.63%	320
	100m 1:12.93 200m 2:36.28 400m 5:29.15 800m 11:20.25						
3.	Obie Traché	15	WDK	(---)) 21:42.88		302
	100m 1:19.59 200m 2:43.03 400m 5:36.09 800m 11:28.95						
4.	Kas Christiaens	16	VZG	(21:28.52 25m) 21:44.48	-1.24%	301
	100m 1:09.55 200m 2:31.84 400m 5:25.94 800m 11:21.44						
5.	Maxim Van Kerkhove	15	VZG	(22:59.53 25m) 21:47.37	+5.23%	299
	100m 1:17.98 200m 2:45.39 400m 5:41.14 800m 11:33.39						
6.	Arno Cuyvers	16	VZN	(22:32.06 25m) 22:21.84	+0.76%	276
	100m 1:17.69 200m 2:45.02 400m 5:44.39 800m 11:49.05						
7.	Denis Puissant	15	VZT	(23:19.25 25m) 22:55.97	+1.66%	256
	100m 1:18.84 200m 2:48.47 400m 5:55.94 800m 12:11.91						
8.	Tibo Baeckelandt	16	LZK	(24:06.66) 23:08.34	+4.03%	249
	100m 1:22.30 200m 2:54.55 400m 6:03.27 800m 12:21.84						
9.	Lennert Vanlerberghe	15	BZV	(24:23.80 25m) 23:55.28	+1.95%	226
	100m 1:23.10 200m 2:55.97 400m 6:10.17 800m 12:43.11						
10.	Aeon Bonje	16	VZN	(23:42.53 25m) 23:55.82	-0.93%	225
	100m 1:27.14 200m 3:02.42 400m 6:15.13 800m 12:41.95						
11.	Ade Vansteenkiste	15	ZTB	(23:42.43) 24:15.44	-2.32%	216
	100m 1:18.51 200m 2:46.16 400m 5:57.19 800m 12:34.00						
12.	Lander Thuytten	15	LZK	(25:42.18) 24:29.44	+4.72%	210
	100m 1:24.78 200m 2:58.78 400m 6:12.88 800m 12:50.85						
13.	Lucas Hemelsoet	15	VZSA	(--- 25m) 24:35.15		208
	100m 1:19.90 200m 2:59.02 400m 6:19.87 800m 13:09.62						
14.	Wout Bailleul	15	LZK	(25:35.50) 24:36.25	+3.86%	207
	100m 1:21.35 200m 2:56.73 400m 6:16.54 800m 13:03.83						
15.	Elco Thienpont	16	VZSA	(--- 25m) 25:05.95		195
	100m 1:30.34 200m 3:10.92 400m 6:35.63 800m 13:31.20						
16.	Alexander Hemelsoet	16	VZSA	(--- 25m) 25:26.37		188
	100m 1:21.72 200m 2:57.63 400m 6:20.17 800m 13:14.19						

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Wedstrijd 04. 1500m Vrije Slag Mannen M/K/P/S/Vet (vervolg)

17. Diego Fernandez Garcia	15 CNU	(26:59.00 25m)	27:06.37	-0.46%	155
100m 1:27.97 200m 31:03.00 400m 6:46.22 800m 14:13.97						
18. Nils Vandesompele	15 LZK	(26:23.55)	32:12.56	-22.04%	92
100m 1:34.78 200m 3:35.14 400m 7:57.18 800m 16:49.00						
Daan De Bock	15 VZSA	(---.--- 25m)	forfait		
Hubert Mariage	16 PRT	(25:42.00 25m)	forfait		

Pupil

				Tijd		FINA	R
1. Marnix Gansemans	17 VZR	(18:20.81 25m)	19:21.38	-5.50%	427	2
100m 1:07.35 200m 2:22.75 400m 4:57.25 800m 10:12.10							
2. Jasper Verbeke	18 ZIB	(20:19.53 25m)	19:39.12	+3.31%	408	
100m 1:11.59 200m 2:28.84 400m 5:07.12 800m 10:23.12							
3. Ward Denolf	18 ZIB	(21:00.69 25m)	19:53.63	+5.32%	393	
100m 1:13.40 200m 2:32.96 400m 5:12.63 800m 10:31.69							
4. Jarno Simons	18 ZVM	(20:57.87 25m)	20:50.35	+0.60%	342	
100m 1:08.85 200m 2:29.13 400m 5:19.82 800m 11:04.34							
5. Stan Ruysschaert	18 ZIB	(21:39.89 25m)	21:49.23	-0.72%	298	
100m 1:12.89 200m 2:36.29 400m 5:32.00 800m 11:28.83							
6. Thomas Devoldere	17 VZN	(25:32.91 25m)	23:24.41	+8.38%	241	
100m 1:22.21 200m 2:54.61 400m 6:07.55 800m 12:34.33							
7. Yanik Apostolescu	17 VZR	(23:30.41 25m)	24:08.30	-2.69%	220	
100m 1:20.28 200m 2:55.70 400m 6:15.95 800m 13:00.59							
8. Keagan Dugauquiez	18 PRT	(23:20.41 25m)	24:52.26	-6.56%	201	
100m 1:18.47 200m 2:48.84 400m 6:02.59 800m 12:49.59							
9. Jasper Ver Eecke	17 LZK	(23:05.23)	28:25.00	-23.08%	134	
100m 1:32.03 200m 3:19.85 400m 7:07.91 800m 14:51.72							
Riccardo Iacona	17 CNU	(24:14.00 25m)	forfait			

Senior

				Tijd		FINA	R
1. Jordi Vanpoucke	24 WDK	(---.---)	20:23.50		365	
100m 1:01.52 200m 2:27.12 400m 5:08.05 800m 10:43.39							
2. Marcos Wielemans	19 ZVM	(20:46.05 25m)	21:12.29	-2.11%	324	
100m 1:13.18 200m 2:37.81 400m 5:30.04 800m 11:14.00							
3. Axl Wielemans	19 ZVM	(21:07.51 25m)	22:17.19	-5.50%	279	
100m 1:13.63 200m 2:38.34 400m 5:37.82 800m 11:44.60							
4. Robbe Paredis	22 VZSA	(22:54.97 25m)	22:39.18	+1.15%	266	
100m 1:20.54 200m 2:50.13 400m 5:55.65 800m 12:04.40							
5. Illiano Van Colen	19 LZK	(22:17.56)	24:56.03	-11.85%	199	
100m 1:22.39 200m 2:59.09 400m 6:22.86 800m 13:13.80							

Veteranen

				Tijd		FINA	R
1. Amez-droz Loic	28 CNU	(20:54.00 25m)	20:17.87	+2.88%	370	
100m 1:10.70 200m 2:27.95 400m 5:07.67 800m 10:34.42							
2. Manly Peel	35 VZO	(22:48.47 25m)	22:42.10	+0.47%	264	
100m 1:28.11 200m 2:46.35 400m 5:50.46 800m 11:49.87							
3. Léo Deschamps	51 CNMR	(24:00.00 25m)	22:43.57	+5.31%	263	
100m 1:29.00 200m 3:02.47 400m 6:06.28 800m 12:11.57							
4. Jef Eeckhout	41 DELF	(21:32.90 25m)	23:01.56	-6.86%	253	
100m 1:16.92 200m 2:43.46 400m 5:45.01 800m 11:58.78							
5. Nikola Spano	31 CNU	(25:32.00 25m)	23:23.69	+8.38%	241	
100m 1:18.87 200m 2:47.21 400m 5:52.78 800m 12:16.40							
6. Philippe Vanginderdeuren	51 CNU	(24:57.00 25m)	24:32.91	+1.61%	209	
100m 1:23.04 200m 2:58.33 400m 6:14.76 800m 12:53.07							
7. Bridoux Mael	33 CNU	(24:46.00 25m)	24:48.66	-0.18%	202	
100m 1:14.70 200m 2:42.93 400m 5:55.98 800m 12:48.47							
8. Abderraouf Yamani	29 CNU	(27:00.00 25m)	26:46.81	+0.81%	161	
100m 1:32.53 200m 3:15.24 400m 6:49.78 800m 14:04.84							

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9. Wilfried Caestecker	59	VZSA	(--- 25m)	28:28.59		134
100m 1:32.07 200m 3:19.69 400m 7:07.72 800m 14:52.87						
10. Nick Moreels	42	LZK	(26:35.12)	33:42.22	-26.78%	80
100m 1:45.53 200m 3:52.01 400m 8:28.74 800m 17:40.39						
Diederik Vandaele	50	VZN	(22:20.47 25m)	forfait		
Niels Martinsen	27	BBV	(20:00.00)	forfait		

Wedstrijd 4 - 1500 vrije slag mannen Veteranen

Vet 25

- 1 Amez-droz Loic CNU
- 2 Abderraouf Yamani CNU
- 3

Vet 30

- 1 Nikola Spano CNU
- 2 Bridoux Mael CNU
- 3

Vet 35

- 1 Manly Peel VZO
- 2
- 3

Vet 40

- 1 Jef Eeckhout DELF
- 2 Nick Moreels LZK
- 3

Vet 45

- 1
- 2
- 3

Vet 50

- 1 Léo Deschamps CNMR
- 2 Philippe Vanginderde CNU
- 3

Vet 55

- 1 Wilfried Caestecker VZSA
- 2
- 3

Vet 60

- 1
- 2
- 3

Vet 65

- 1
- 2
- 3

Vet 70

- 1
- 2
- 3

Vet 75

- 1
- 2
- 3

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Zondag 26 januari 2020 Namiddag 50m

Wedstrijd 05. 800m Vrije Slag Vrouwen M/K/P/S/Vet

Miniem				Tijd	FINA	R		
1.	Lotte Minnebo	14	ZIB	(10:53.32 25m)	10:12.37	+6.27%	525	8
	100m 1:11.74 200m 2:29.08 400m 5:05.93							
2.	Ise Kerckhove	14	BBV	(12:11.33)	12:07.39	+0.54%	313	
	100m 1:21.27 200m 2:51.37 400m 5:57.56							
3.	Margaux Gansemans	14	VZR	(12:04.87 25m)	12:32.00	-3.74%	283	
	100m 1:21.53 200m 2:52.81 400m 6:04.68							
4.	Hanne De Clercq	14	VZSA	(13:49.19 25m)	12:32.57	+9.24%	283	
	100m 1:30.61 200m 3:08.00 400m 6:21.00							
5.	Delphine Lamuseau	13	VZG	(13:09.78 25m)	12:38.14	+4.01%	276	
	100m 1:25.16 200m 3:01.55 400m 6:18.26							
6.	Erinn Barber	14	BBV	(12:30.00 25m)	12:52.56	-3.01%	261	
	100m 1:27.74 200m 3:05.56 400m 6:20.85							
7.	Merit Housaer	14	BBV	(13:37.30)	12:55.43	+5.12%	258	
	100m 1:28.78 200m 3:07.09 400m 6:23.34							
8.	Djensy Wtterwulge	13	BBV	(13:35.13)	12:58.34	+4.51%	255	
	100m 1:28.37 200m 3:05.90 400m 6:23.65							
9.	Evelyne Eggert	13	VZO	(14:16.66 25m)	13:12.69	+7.47%	242	
	100m 1:33.76 200m 3:17.19 400m 6:39.91							
10.	Emma D'hoore	13	ZIB	(14:30.00 25m)	13:40.00	+5.75%	218	
	100m 1:30.54 200m 3:12.50 400m 6:40.01							
11.	Fleur Christiaens	13	VZG	(15:20.59 25m)	13:56.61	+9.12%	206	
	100m 1:31.27 200m 3:17.30 400m 6:53.09							
	Camille Tommelein	13	VZO	(14:10.36 25m)	forfait			

Kadet				Tijd	FINA	R		
1.	Dawn Versluys	15	VZO	(10:42.66 25m)	10:10.72	+4.97%	529	8
	100m 1:10.23 200m 2:26.30 400m 5:02.00							
2.	Justine Van Parys	16	VZG	(11:08.13 25m)	10:53.32	+2.22%	432	2
	100m 1:14.06 200m 2:34.85 400m 5:21.08							
3.	Mona Verburgh	15	ZIB	(11:15.90 25m)	11:17.65	-0.26%	387	
	100m 1:18.34 200m 2:43.17 400m 5:35.77							
4.	Emma Cloet	15	VZO	(12:53.54 25m)	11:45.59	+8.78%	343	
	100m 1:20.18 200m 2:51.78 400m 5:53.21							
5.	Hanne Knockaert	15	BBV	(12:12.98)	11:49.70	+3.18%	337	
	100m 1:21.78 200m 2:51.22 400m 5:52.74							
6.	Lainey Wtterwulge	16	BBV	(12:00.00)	11:50.25	+1.35%	336	
	100m 1:19.05 200m 2:45.64 400m 5:47.24							
7.	Manou Beils	16	ZTB	(11:51.30)	11:55.53	-0.59%	329	
	100m 1:17.71 200m 2:44.25 400m 5:48.44							
8.	Lieze Deweerd	15	WDK	(---)	12:15.38		303	
	100m 1:23.51 200m 2:55.38 400m 3:06.77							
9.	Jinty Waeytens	16	VZG	(12:34.68 25m)	12:19.27	+2.04%	298	
	100m 1:23.82 200m 2:57.39 400m 6:07.55							
10.	Laura Janssens	15	WDK	(---)	12:28.19		288	
	100m 1:23.03 200m 2:54.75 400m 6:05.06							
11.	Caitlin Bullens	15	VZN	(13:33.13 25m)	12:38.80	+6.68%	276	
	100m 1:22.77 200m 2:57.84 400m 6:15.87							
12.	Sara Simons	16	BBV	(12:09.25)	12:43.43	-4.69%	271	
	100m 1:23.68 200m 2:57.46 400m 6:13.62							
13.	Vianne Kalut	16	VZT	(12:32.73 25m)	12:52.41	-2.61%	261	
	100m 1:29.32 200m 3:07.39 400m 6:24.85							
14.	Yasmine Apostolescu	15	VZR	(13:37.03 25m)	13:20.51	+2.02%	235	
	100m 1:32.41 200m 3:15.04 400m 6:42.00							
	Imani Salens	15	BZV	(14:00.00 25m)	forfait			
	Britt Ghewy	15	VZN	(12:35.53 25m)	forfait			

Pupil

Tijd

FINA R

Nationaal Kampioenschap Lange Afstand - Sporta / FROS / CTFN

Zo 26 januari 2020

Wachtebeke Domein Puyenbroeck Wachtebeke
(50m, 8 Banen ,)



Sporta vzw

Wedstrijd 05. 800m Vrije Slag Vrouwen M/K/P/S/Vet (vervolg)

1. Indra Dereepere	18	ZIB	(10:59.56 25m)	10:51.56	+1.21%	436	1
100m 1:18.67 200m 2:41.65 400m 5:29.53								
2. Lies Persijn	17	VZR	(11:14.60 25m)	11:14.83	-0.03%	392	
100m 1:17.84 200m 2:42.84 400m 5:34.63								
3. Laetitia Van Daele	17	VZO	(11:02.99 25m)	11:24.85	-3.30%	375	
100m 1:17.70 200m 2:43.19 400m 5:37.17								
4. Ella Verburgh	17	ZIB	(11:32.93 25m)	11:40.85	-1.14%	350	
100m 1:20.55 200m 2:49.40 400m 5:49.19								
5. Axelle Degroote	18	VZN	(12:26.55 25m)	12:09.62	+2.27%	310	
100m 1:20.57 200m 2:51.61 400m 5:57.27								
6. Daimy Braeckmans	18	ZVM	(11:36.32 25m)	12:17.52	-5.92%	300	
100m 1:20.73 200m 2:52.53 400m 6:02.01								
7. Inti Vansteenkiste	18	ZTB	(12:19.69)	12:36.43	-2.26%	278	
100m 1:24.67 200m 2:59.00 400m 6:15.07								
8. Sarah Bouhassoum	17	CNU	(15:12.00 25m)	12:38.43	+16.84%	276	
100m 1:22.86 200m 2:56.29 400m 6:12.35								
9. Kyana Glorieux	17	LZK	(13:24.21)	13:42.96	-2.33%	216	
100m 1:28.83 200m 3:10.05 400m 6:41.74								
Laura Delbeke	18	LZK	(13:52.18)	uitsluiting			
Opmerking: SW10								
Marta Piscitelli	18	CNU	(15:39.00 25m)	forfait			

Senior

					Tijd		FINA	R
1. Hanne De Cock	22	LZK	(11:52.78)	11:13.32	+5.54%	395	
100m 1:18.32 200m 2:42.07 400m 5:32.59								
2. Sarah Goegebeur	24	BZV	(13:01.21 25m)	12:42.63	+2.38%	271	
100m 1:25.98 200m 3:00.96 400m 6:15.34								
3. Amber Dereepere	21	ZIB	(11:55.00 25m)	12:44.87	-6.97%	269	
100m 1:24.84 200m 2:59.97 400m 6:16.79								
4. Mouri Houllier	19	WDK	(12:30.24 50m 22Jan17)	13:49.72	-10.59%	211	
100m 1:35.58 200m 3:18.30 400m 6:50.05								
5. Litse Decaluwe	24	LZK	(14:42.28 50m 22Jan17)	14:00.13	+4.78%	203	
100m 1:32.54 200m 3:17.85 400m 6:53.08								
Margaretha Kaminska	20	ZVM	(12:37.87 25m)	forfait			

Veteranen

					Tijd		FINA	R
1. Quittry Van Den Bergh	27	ZVM	(11:21.54 25m)	11:29.13	-1.11%	368	
100m 1:16.28 200m 2:39.03 400m 5:35.69								
2. Jessica Peeters	34	VZSH	(14:28.22 25m)	14:21.32	+0.79%	188	
100m 1:29.35 200m 3:13.74 400m 6:55.02								
3. Dominique Hubinont	68	PRT	(14:55.70 25m)	14:58.47	-0.31%	166	
100m 1:44.88 200m 3:37.60 400m 7:24.69								
Cindy Dubois	38	BZV	(14:00.00 25m)	forfait			

Wedstrijd 5 - 800 vrije slag vrouwen Veteranen

Vet 25

- 1 Quittry Van Den Bergh ZVM
- 2
- 3

Vet 30

- 1 Jessica Peeters VZSH
- 2
- 3

Vet 35

- 1
- 2
- 3

Vet 40

- 1
- 2
- 3

Vet 45

- 1
- 2
- 3

Vet 50

- 1
- 2
- 3

Vet 55

- 1
- 2
- 3

Vet 60

- 1
- 2
- 3

Vet 65

- 1 Dominique Hubinont PRT
- 2
- 3

Vet 70

- 1
- 2
- 3

Vet 75

- 1
- 2
- 3

Nationaal Kampioenschap Lange Afstand - Sporta / FROS / CTFN

Zo 26 januari 2020

Wachtebeke Domein Puyenbroeck Wachtebeke
(50m, 8 Banen ,)

Sporta vzw



Zondag 26 januari 2020 Namiddag 50m

Wedstrijd 06. 4x200m Aflos. Vrij Slag Mannen Open

			Tijd	FINA
1. WDK 200m 2:20.13 Jordi Vanpoucke	WDK (00.00 25m)	Elias Ares Staf Cappon	9:26.04	
2. ZIB 200m 2:35.09 Jasper Massyn	ZIB (9:10.27 25m)	Stan Ruyschaert Ward Denolf	9:27.99	-3.22%
3. CNU 200m 2:28.43 Amez-droz Loic	CNU (9:48.54 25m)	Bridoux Mael Riccardo Iacona	10:13.64	-4.26%
4. VZG - M 200m 2:32.04 Maarten De Vos	VZG (10:03.56 25m)	Artho Heuvelmans Kas Christiaens	10:17.50	-2.31%
5. VZN 200m 2:38.08 Noah Vanbeveren	VZN (9:52.10 25m)	Thomas Devoldere Aeon Bonje	10:52.92	-10.27%
6. ZVM 200m 4:02.47 Xander Verbruggen	ZVM (00.00 25m)	Axl Wielemans Jarno Simons	11:15.40	
7. LZK - M 200m 2:57.39 Lander Thuytten	LZK (11:06.03 25m)	Wout Bailleul Tibo Baeckelandt	11:15.56	-1.43%
8. VZSA 200m 2:48.86 Lucas Hemelsoet	VZSA (00.00 25m)	Alexander Hemelsoet Elco Thienpont	11:57.12	
				Wilfried Caestecker

Nationaal Kampioenschap Lange Afstand - Sporta / FROS / CTFN

Zo 26 januari 2020

Wachtebeke Domein Puyenbroeck Wachtebeke
(50m, 8 Banen ,)



Sporta vzw

Zondag 26 januari 2020 Namiddag 50m

Wedstrijd 07. 4x200m Aflos. Vrij Slag Vrouwen Open

				Tijd	FINA
1. ZIB	ZIB	(9:48.22 25m)		10:09.21	-3.57%
200m 2:29.54					
Indra Dereepere	Ella Verburgh	Mona Verburgh	Lotte Minnebo		
2. VZO	VZO	(10:16.00 25m)		10:44.02	-4.55%
200m 2:57.47					
Femke De Cuyper	Emma Cloet	Laetitia Van Daele	Dawn Versluys		
3. VZG - V - ploeg 1	VZG	(10:24.19 25m)		11:01.22	-5.93%
200m 2:34.72					
Justine Van Parys	Jinty Waeytens	Delphine Larmuseau	Aïsha Depaep		
4. BBV	BBV	(00.00 25m)		11:06.75	
200m 2:48.16					
Merit Housaer	Lainey Wtterwulghe	Hanne Knockaert	Sara Simons		
5. WDK	WDK	(00.00 25m)		12:06.47	
200m 2:21.44					
Lieze Deweerd	Laura Janssens	Amber Decock	Mouri Houllier		
6. VZG - V - ploeg 2	VZG	(12:20.34 25m)		12:14.18	+0.83%
200m 3:03.52					
Kaat De Vos	Fleur Christiaens	Ashley Cocquyt	Emmelie Cocquyt		
7. LZK - V	LZK	(11:25.10 25m)		12:28.24	-9.22%
200m 3:14.64					
Laura Delbeke	Litse Decaluwe	sharon Vanhulle	Hanne De Cock		
8. VZN	VZN	(11:20.14 25m)		12:34.89	-10.99%
200m 3:30.44					
Fara Bonjé	Caitlin Bullens	Britt Ghewy	Axelle Degroote		
9. ZVM	ZVM	(00.00 25m)		12:51.01	
200m 3:30.44					
Ann-sofie Sonnenberg	Kyra De Meyer	Daimy Braeckmans	Quittry Van Den Bergh		

SNELSTE

MANNEN

1	Elias Ares	WDK	19.08.12
2	Marnix Gansemans	VZR	19.21.38
3	Jasper Verbeke	ZIB	19.39.12

VROUWEN

1	Dawn Versluys	VZO	10.10.72
2	Lotte Minnebo	ZIB	10.12.37
3	Indra Dereepere	ZIB	10.51.56