

1 - lange afstanden - longues distances

20-1-2019 - 10:45

Programmanr. 1
20-1-2019 - 10:45

Meisjes, 400m vrije slag

dolfijnen
Resultaten

Rang	Geb.	Tijd	ins. tijd	100m	200m	300m	400m
1. De Cuyper Femke	10 VZO	7:04.90	NT	1:38.92	3:27.70	5:17.77	7:04.90
				50m: 1:38.92	150m: 3:27.70	250m: 5:17.77	350m: 7:04.90
				100m: 1:38.92	200m: 3:27.70	300m: 5:17.77	400m: 7:04.90
2. Huygh Marieke	09 VZN	7:08.04	8:50.87	1:37.03	3:30.06	5:21.95	7:08.04
				50m: 1:37.03	150m: 3:30.06	250m: 5:21.95	350m: 7:08.04
				100m: 1:37.03	200m: 3:30.06	300m: 5:21.95	400m: 7:08.04
3. Delattre Raphaelle	09 PRT	7:23.13	8:15.22	1:41.04	3:38.03	5:32.71	7:23.13
				50m: 1:41.04	150m: 3:38.03	250m: 5:32.71	350m: 7:23.13
				100m: 1:41.04	200m: 3:38.03	300m: 5:32.71	400m: 7:23.13
4. Jungbluth Elise	09 BBV	7:32.22	8:58.06	1:43.81	3:41.54	5:39.49	7:32.22
				50m: 1:43.81	150m: 3:41.54	250m: 5:39.49	350m: 7:32.22
				100m: 1:43.81	200m: 3:41.54	300m: 5:39.49	400m: 7:32.22
5. Claeys Ditte	10 VZN	7:53.13	NT	1:42.55	3:45.52	5:53.52	7:53.13
				50m: 1:42.55	150m: 3:45.52	250m: 5:53.52	350m: 7:53.13
				100m: 1:42.55	200m: 3:45.52	300m: 5:53.52	400m: 7:53.13
6. Martens Iona	09 LZK	8:08.98	8:07.16	1:48.13	3:57.96	6:08.55	8:08.98
				50m: 1:48.13	150m: 3:57.96	250m: 6:08.55	350m: 8:08.98
				100m: 1:48.13	200m: 3:57.96	300m: 6:08.55	400m: 8:08.98
7. dubois Jienke	09 BZV	8:10.47	NT	1:51.16	3:58.81	6:10.91	8:10.47
				50m: 1:51.16	150m: 3:58.81	250m: 6:10.91	350m: 8:10.47
				100m: 1:51.16	200m: 3:58.81	300m: 6:10.91	400m: 8:10.47
8. Decoutere Imani	09 KZV	8:12.31	NT	1:50.64	3:58.31	6:09.24	8:12.31
				50m: 1:50.64	150m: 3:58.31	250m: 6:09.24	350m: 8:12.31
				100m: 1:50.64	200m: 3:58.31	300m: 6:09.24	400m: 8:12.31
9. Van Coillie Margaux	10 LZK	8:16.66	8:58.10	1:53.16	4:02.56	6:08.81	8:16.66
				50m: 1:53.16	150m: 4:02.56	250m: 6:08.81	350m: 8:16.66
				100m: 1:53.16	200m: 4:02.56	300m: 6:08.81	400m: 8:16.66
AFGEM Lambotte Sway	10 BZV		NT				

Programmanr. 2
20-1-2019 - 11:04

Jongens, 400m vrije slag

dolfijnen
Resultaten

Rang	Geb.	Tijd	ins. tijd	100m	200m	300m	400m
1. Timmermans Matteo	09 ZIB	7:11.83	NT	1:39.31	3:31.84	5:25.81	7:11.83
				50m: 1:39.31	150m: 3:31.84	250m: 5:25.81	350m: 7:11.83
				100m: 1:39.31	200m: 3:31.84	300m: 5:25.81	400m: 7:11.83
2. Pattyn Lowie	10 LZK	7:31.75	7:25.22	1:42.93	3:41.38	5:40.44	7:31.75
				50m: 1:42.93	150m: 3:41.38	250m: 5:40.44	350m: 7:31.75
				100m: 1:42.93	200m: 3:41.38	300m: 5:40.44	400m: 7:31.75
3. Timmermans Elias	10 ZIB	7:44.88	NT	1:45.82	3:47.72	5:47.38	7:44.88
				50m: 1:45.82	150m: 3:47.72	250m: 5:47.38	350m: 7:44.88
				100m: 1:45.82	200m: 3:47.72	300m: 5:47.38	400m: 7:44.88
4. Dumarey René	10 VZO	7:52.96	NT	1:45.78	3:52.06	5:54.31	7:52.96
				50m: 1:45.78	150m: 3:52.06	250m: 5:54.31	350m: 7:52.96
				100m: 1:45.78	200m: 3:52.06	300m: 5:54.31	400m: 7:52.96
5. Peiren Nicolas	10 ZTB	8:59.12	NT	2:13.16	4:14.14	6:47.94	8:59.12
				50m: 2:13.16	150m: 4:14.14	250m: 6:47.94	350m: 8:59.12
				100m: 2:13.16	200m: 4:14.14	300m: 6:47.94	400m: 8:59.12
6. Vermote Lennart	09 LZK	9:21.32	8:30.40	2:13.23	4:37.69	7:02.13	9:21.32
				50m: 2:13.23	150m: 4:37.69	250m: 7:02.13	350m: 9:21.32
				100m: 2:13.23	200m: 4:37.69	300m: 7:02.13	400m: 9:21.32
7. Detienne Tibe	09 KZV	9:25.34	NT	2:14.73	4:36.98	6:59.95	9:25.34
				50m: 2:14.73	150m: 4:36.98	250m: 6:59.95	350m: 9:25.34
				100m: 2:14.73	200m: 4:36.98	300m: 6:59.95	400m: 9:25.34
8. Muzluikaj Luan	10 VZO	9:48.98	NT	2:10.10	4:40.17	7:18.00	9:48.98
				50m: 2:10.10	150m: 4:40.17	250m: 7:18.00	350m: 9:48.98
				100m: 2:10.10	200m: 4:40.17	300m: 7:18.00	400m: 9:48.98

Programmanr. 2, Jongens, 400m vrije slag, dolfijnen



Rang	Geb.	Tijd	ins. tijd	100m	200m	300m	400m
9. Vangheluwe Thibault	09	LZK 10:13.34	8:10.20	2:21.91	5:04.62	7:38.97	10:13.34
		50m: 150m: 200m:	250m: 300m:	350m: 400m:			
		100m: 2:21.91	5:04.62	7:38.97	10:13.34		
10. Demeyere Joppe	10	ZTB 10:44.10	NT	2:31.44	5:17.09	8:02.16	10:44.10
		50m: 150m: 200m:	250m: 300m:	350m: 400m:			
		100m: 2:31.44	5:17.09	8:02.16	10:44.10		
11. Trache Zeppe	10	WDK 11:08.68	NT	2:33.34	5:23.74	8:17.68	11:08.68
		50m: 150m: 200m:	250m: 300m:	350m: 400m:			
		100m: 2:33.34	5:23.74	8:17.68	11:08.68		
AFGEM Bullinck Lander	10	BZV	NT				
AFGEM D'Heere Rémi	09	VZN	NT				

Programmanr. 3
20-1-2019 - 11:23

Meisjes, 200m vrije slag

eendjes
Resultaten

Rang	Geb.	Tijd	ins. tijd	100m	200m
1. Zabeli Alina	11	VZO 4:27.43	NT	2:09.14	4:27.43
2. Zabeli Eliana	11	VZO 4:49.30	NT	2:17.40	4:49.30
3. Peel Ylena	12	VZO 5:39.28	NT	2:43.56	5:39.28

Programmanr. 4
20-1-2019 - 11:26

Jongens, 200m vrije slag

eendjes
Resultaten

Rang	Geb.	Tijd	ins. tijd	100m	200m
1. Vanthournout Nant	11	LZK 4:47.24	4:45.20	2:18.62	4:47.24
2. Vanvyaene Matthys	11	LZK 5:27.84	5:35.20	2:39.65	5:27.84
DIS Embo Matteo	12	LZK	6:48.12		

SW5-VS2 - bij keerpunt , muur niet geraakt met om 't even welk lichaamsdeel

Programmanr. 5
20-1-2019 - 11:34

Meisjes, 800m vrije slag

benjamins
Resultaten

Rang	Geb.	Tijd	ins. tijd	100m	200m	300m	400m	500m	600m	700m	800m
1. Larmuseau Delphine	07	VZG 13:09.78	16:00.00	1:31.44	3:11.09	4:53.47	6:35.56	8:18.59	10:00.53	11:42.31	13:09.78
				1:31.44	1:39.65	1:42.38	1:42.09	1:43.03	1:41.94	1:41.78	1:27.47
2. Fiers Ena	07	LZK 13:09.87	13:27.20	1:33.68	3:14.47	4:56.00	6:37.47	8:19.65	10:01.50	11:41.23	13:09.87
				1:33.68	1:40.79	1:41.53	1:41.47	1:42.18	1:41.85	1:39.73	1:28.64
3. Wtterwulghe Djensy	07	BBV 13:35.13	13:16.64	1:33.91	3:14.98	4:58.19	6:43.22	8:28.13	10:13.58	11:59.10	13:35.13
				1:33.91	1:41.07	1:43.21	1:45.03	1:44.91	1:45.45	1:45.52	1:36.03
4. Van Coillie Julie	07	LZK 14:05.01	13:55.35	1:34.84	3:19.91	5:07.47	6:57.02	8:46.62	10:36.34	12:24.37	14:05.01
				1:34.84	1:45.07	1:47.56	1:49.55	1:49.60	1:49.72	1:48.03	1:40.64
5. Renier Brianna	08	VZO 14:19.91	NT	1:40.24	3:28.56	5:18.01	7:08.53	8:59.32	10:49.55	12:37.02	14:19.91
				1:40.24	1:48.32	1:49.45	1:50.52	1:50.79	1:50.23	1:47.47	1:42.89
6. Koolen Aurianne	07	LZK 14:25.30	14:45.95	1:41.13	3:31.13	5:22.28	7:13.41	9:04.41	10:55.91	12:45.63	14:25.30
				1:41.13	1:50.00	1:51.15	1:51.13	1:51.00	1:51.50	1:49.72	1:39.67
7. Bonjé Fara	08	VZN 14:29.37	NT	1:39.97	3:30.77	5:21.37	7:14.00	9:07.29	10:59.66	12:48.70	14:29.37
				1:39.97	1:50.80	1:50.60	1:52.63	1:53.29	1:52.37	1:49.04	1:40.67

Programmanr. 5, Meisjes, 800m vrije slag, benjamins



Rang	Geb.	Tijd	ins. tijd
8. Ramakers Jore	07 VZN	14:36.69	NT
100m:	1:38.75	1:38.75	300m: 5:22.44 1:53.07
200m:	3:29.37	1:50.62	400m: 7:14.50 1:52.06
500m:	9:08.05	1:53.55	600m: 11:00.50 1:52.45
700m:	12:50.37	1:49.87	800m: 14:36.69 1:46.32
9. Denduyver Silke	07 LZK	14:44.92	14:44.32
100m:	1:39.36	1:39.36	300m: 5:25.69 1:54.94
200m:	3:30.75	1:51.39	400m: 7:20.77 1:55.08
500m:	9:16.70	1:55.93	600m: 11:11.67 1:54.97
700m:	12:59.66	1:47.99	800m: 14:44.92 1:45.26
10. Christiaens Fleur	07 VZG	15:20.59	16:00.00
100m:	1:44.20	1:44.20	300m: 5:43.47 2:00.01
200m:	3:43.46	1:59.26	400m: 7:42.75 1:59.28
500m:	9:39.69	1:56.94	600m: 11:38.49 1:58.80
700m:	13:33.48	1:54.99	800m: 15:20.59 1:47.11
11. Migom Lobke	08 LZK	15:44.90	15:45.20
100m:	1:42.72	1:42.72	300m: 5:46.75 3:45.69
200m:	2:01.06	18.34	400m: 7:51.93 2:05.18
500m:	9:53.15	2:01.22	600m: 11:58.90 2:05.75
700m:	13:51.75	1:52.85	800m: 15:44.90 1:53.15
12. Debacker Aiden	08 BBV	15:56.28	NT
100m:	1:48.56	1:48.56	300m: 5:51.96 2:01.53
200m:	3:50.43	2:01.87	400m: 7:54.53 2:02.57
500m:	9:58.96	2:04.43	600m: 12:03.50 2:04.54
700m:	14:05.96	2:02.46	800m: 15:56.28 1:50.32
13. Claeys Nette	08 VZN	16:00.58	NT
100m:	1:47.09	1:47.09	300m: 5:52.23 2:03.02
200m:	3:49.21	2:02.12	400m: 7:54.89 2:02.66
500m:	10:06.09	2:11.20	600m: 12:02.81 1:56.72
700m:	14:05.33	2:02.52	800m: 16:00.58 1:55.25
14. Delcroix Léane	08 PRT	16:02.91	16.00
100m:	1:42.35	1:42.35	300m: 5:49.63 2:05.46
200m:	3:44.17	2:01.82	400m: 7:55.03 2:05.40
500m:	10:00.68	2:05.65	600m: 12:05.87 2:05.19
700m:	14:10.63	2:04.76	800m: 16:02.91 1:52.28
15. Courier Magali	08 PRT	16:44.61	16.00
100m:	1:44.50	1:44.50	300m: 5:59.70 2:09.28
200m:	3:50.42	2:05.92	400m: 8:10.99 2:11.29
500m:	10:20.16	2:09.17	600m: 12:32.57 2:12.41
700m:	14:41.49	2:08.92	800m: 16:44.61 2:03.12
16. Willems Luisa	08 VZO	19:43.56	NT
100m:	2:07.09	2:07.09	300m: 7:07.26 2:33.35
200m:	4:33.91	2:26.82	400m: 9:35.81 2:28.55
500m:	12:08.41	2:32.60	600m: 14:43.13 2:34.72
700m:	17:06.91	2:23.78	800m: 19:43.56 2:36.65
DIS Beernaert Amber	07 LZK		14:52.33
<i>SW10-WE2 - de volledige afstand niet verzwommen</i>			
AFGEM Tommelein Camille	07 VZO		NT
AFGEM Van Kerckhove J.	07 VZSA		NT
AFGEM Vanden broucke Amy	08 BBV		NT

Programmanr. 6
20-1-2019 - 12:08

Jongens, 800m vrije slag

benjamins
Resultaten

Rang	Geb.	Tijd	ins. tijd
1. Eeckhout Ward	08 DELF	13:25.24	13:20.00
100m:	1:31.12	1:31.12	300m: 4:56.34 1:42.95
200m:	3:13.39	1:42.27	400m: 6:39.39 1:43.05
500m:	8:23.08	1:43.69	600m: 10:06.63 1:43.55
700m:	4:49.81		800m: 13:25.24 8:35.43
2. Dumon Tiebert	08 ZIB	13:40.87	NT
100m:	1:27.41	1:27.41	300m: 4:58.95 1:46.11
200m:	3:12.84	1:45.43	400m: 6:44.98 1:46.03
500m:	8:33.08	1:48.10	600m: 10:18.00 1:44.92
700m:	12:01.56	1:43.56	800m: 13:40.87 1:39.31
3. Moreels Traen Quint	08 LZK	13:52.92	14:50.08
100m:	1:34.03	1:34.03	300m: 5:03.59 1:45.95
200m:	3:17.64	1:43.61	400m: 6:49.84 1:46.25
500m:	8:37.29	1:47.45	600m: 10:24.81 1:47.52
700m:	12:13.71	1:48.90	800m: 13:52.92 1:39.21
4. Delattre Antoine	07 PRT	14:06.47	15:18.29
100m:	1:33.18	1:33.18	300m: 5:10.22 1:49.69
200m:	3:20.53	1:47.35	400m: 7:02.78 1:52.56
500m:	8:52.33	1:49.55	600m: 10:41.83 1:49.50
700m:	12:26.70	1:44.87	800m: 14:06.47 1:39.77
5. Vanthournout Briek	07 LZK	14:36.03	14:45.20
100m:	1:42.76	1:42.76	300m: 5:28.12 1:53.39
200m:	3:34.73	1:51.97	400m: 7:23.51 1:55.39
500m:	9:16.01	1:52.50	600m: 11:07.94 1:51.93
700m:	12:57.39	1:49.45	800m: 14:36.03 1:38.64
6. Pattyn Staf	08 LZK	14:36.49	14:50.44
100m:	1:44.03	1:44.03	300m: 5:28.98 1:55.20
200m:	3:33.78	1:49.75	400m: 7:23.89 1:54.91
500m:	9:12.97	1:49.08	600m: 11:05.13 1:52.16
700m:	12:52.91	1:47.78	800m: 14:36.49 1:43.58

Programmanr. 6, Jongens, 800m vrije slag, benjamins



Rang	Geb.	Tijd	ins. tijd
7. Reynaert Liam	08 WDK	14:44.63	14:00.00
100m:	1:45.06	300m: 5:34.28	2:55.10
200m:	2:39.18	400m: 7:29.36	1:55.08
500m:	9:22.64	600m: 11:15.64	1:53.00
700m:	13:05.68	800m:	14:44.63
1:50.04		1:38.95	
8. Vermote Carsten	07 LZK	15:04.09	14:36.16
100m:	1:36.22	300m: 5:25.22	1:55.60
200m:	3:29.62	400m: 7:23.97	1:58.75
500m:	9:19.30	600m: 11:15.47	1:56.17
700m:	13:12.12	800m:	15:04.09
1:56.65		1:51.97	
9. Embo Alessio	08 LZK	15:12.09	14:59.80
100m:	1:39.18	300m: 5:30.34	3:35.02
200m:	1:55.32	400m: 7:29.37	1:59.03
500m:	9:28.96	600m: 11:29.50	2:00.54
700m:	13:29.53	800m:	15:12.09
2:00.03		1:42.56	
10. Daele Liam	08 VZO	15:14.91	NT
100m:	1:47.22	300m: 5:45.50	1:59.56
200m:	3:45.94	400m: 7:42.83	1:57.33
500m:	9:38.15	600m: 11:33.69	1:55.54
700m:	13:28.94	800m:	15:14.91
1:55.25		1:45.97	
11. Van Pottelberge	08 VZSA	15:16.09	NT
100m:	1:45.07	300m: 5:35.65	1:55.96
200m:	3:39.69	400m: 7:35.83	2:00.18
500m:	9:35.42	600m: 11:34.48	1:59.06
700m:	13:31.72	800m:	15:16.09
1:57.24		1:44.37	
12. Zabeli Rajan	08 VZO	15:17.56	NT
100m:	1:40.56	300m: 5:35.78	1:58.47
200m:	3:37.31	400m: 7:34.81	1:59.03
500m:	9:31.21	600m: 11:28.25	1:57.04
700m:	13:27.06	800m:	15:17.56
1:58.81		1:50.50	
13. Vandaele Mathis	08 VZN	16:25.54	NT
100m:	1:53.68	300m: 6:07.00	2:06.82
200m:	4:00.18	400m: 8:11.20	2:04.20
500m:	10:16.50	600m: 12:23.11	2:06.61
700m:	14:27.33	800m:	16:25.54
2:04.22		1:58.21	

2 - lange afstanden - longues distances

20-1-2019 - 14:00

Programmanr. 7
20-1-2019 - 14:00

Heren, 1500m vrije slag

veteranen 55
Resultaten

Rang	Geb.	Tijd	ins. tijd
1. Caestecker Wilfried	61 VZSA	29:23.78	28:36.57
100m:	1:33.46	500m: 9:20.70	2:01.24
200m:	3:22.14	600m: 11:22.16	2:01.46
300m:	5:19.47	700m: 13:23.53	2:01.37
400m:	7:19.46	800m: 15:23.74	2:00.21
900m:	17:23.81	1000m: 19:25.51	2:01.70
1100m:	21:26.69	1200m: 23:29.63	2:02.94
1300m:	25:30.33	1400m:	27:31.90
2:00.70		1500m:	29:23.78
2:01.57		1:51.88	

Programmanr. 7
20-1-2019 - 14:00

Heren, 1500m vrije slag

veteranen 45
Resultaten

Rang	Geb.	Tijd	ins. tijd
1. Vandaele Diederik	70 VZN	22:20.47	20:55.88
100m:	1:31.49	500m: 7:25.21	1:29.93
200m:	2:53.24	600m: 8:55.28	1:30.07
300m:	4:24.73	700m: 10:25.05	1:29.77
400m:	5:55.28	800m: 11:54.84	1:29.79
900m:	13:24.51	1000m: 14:54.16	1:29.65
1100m:	16:23.53	1200m: 17:52.98	1:29.45
1300m:	19:22.57	1400m:	20:52.58
1:29.59		1500m:	22:20.47
1:30.01		1:27.89	
2. Bonjé Benny	70 VZN	26:15.98	NT
100m:	1:35.60	500m: 8:34.74	1:46.37
200m:	3:17.36	600m: 10:20.48	1:45.74
300m:	5:02.33	700m: 12:06.78	1:46.30
400m:	6:48.37	800m: 13:52.81	1:46.03
900m:	15:39.52	1000m: 17:26.32	1:46.80
1100m:	19:13.17	1200m: 21:00.52	1:47.35
1300m:	22:48.70	1400m:	24:36.00
1:48.18		1500m:	26:15.98
1:47.30		1:39.98	

Programmanr. 7
20-1-2019 - 14:00

Heren, 1500m vrije slag

veteranen 35
Resultaten

Rang	Geb.	Tijd	ins. tijd
1. Van Wichelen Bram	82	VZSA	23:47.83 24:00.00
100m:	1:21.06	500m:	7:41.48 1:36.57
200m:	2:53.48	600m:	9:18.63 1:37.15
300m:	4:28.20	700m:	10:55.56 1:36.93
400m:	6:04.91	800m:	12:32.38 1:36.82
		900m:	14:09.20 1:36.82
		1000m:	15:41.09 1:31.89
		1100m:	17:22.66 1:41.57
		1200m:	18:59.51 1:36.85
		1300m:	20:34.63 1:35.12
		1400m:	22:13.74 1:39.11
		1500m:	23:47.83 1:34.09

Programmanr. 7
20-1-2019 - 14:00

Heren, 1500m vrije slag

veteranen 30
Resultaten

Rang	Geb.	Tijd	ins. tijd
1. Peel Manly	85	VZO	22:48.47 NT
100m:	1:18.22	500m:	7:19.05 1:32.14
200m:	2:44.55	600m:	8:51.51 1:32.46
300m:	4:15.30	700m:	10:24.26 1:32.75
400m:	5:46.91	800m:	11:57.34 1:33.08
		900m:	13:31.94 1:34.60
		1000m:	15:05.62 1:33.68
		1100m:	16:37.97 1:32.35
		1200m:	18:14.55 1:36.58
		1300m:	19:46.47 1:31.92
		1400m:	21:19.02 1:32.55
		1500m:	22:48.47 1:29.45

Programmanr. 7
20-1-2019 - 14:00

Heren, 1500m vrije slag

senioren
Resultaten

Rang	Geb.	Tijd	ins. tijd
1. Vanpoucke Jordi	96	WDK	20:06.02 18:40.00
100m:	1:05.13	500m:	6:15.73 1:19.45
200m:	2:20.16	600m:	7:35.06 1:19.33
300m:	3:37.73	700m:	8:56.84 1:21.78
400m:	4:56.28	800m:	10:19.63 1:22.79
		900m:	11:43.09 1:23.46
		1000m:	13:06.88 1:23.79
		1100m:	14:31.13 1:24.25
		1200m:	15:56.63 1:25.50
1300m:	17:20.91		1:24.28
1400m:	18:44.48		1:23.57
1500m:	20:06.02		1:21.54
2. Paredis Robbe	98	VZSA	22:54.97 21:48.84
100m:	1:20.74	500m:	7:29.74 1:34.01
200m:	2:51.37	600m:	9:02.25 1:32.51
300m:	4:22.90	700m:	10:34.35 1:32.10
400m:	5:55.73	800m:	12:06.23 1:31.88
		900m:	13:38.68 1:32.45
		1000m:	15:11.40 1:32.72
		1100m:	16:44.68 1:33.28
		1200m:	18:17.66 1:32.98
		1300m:	18:51.27 33.61
		1400m:	21:24.09 2:32.82
		1500m:	22:54.97 1:30.88

Programmanr. 7
20-1-2019 - 14:00

Jongens, 1500m vrije slag

pupillen
Resultaten

Rang	Geb.	Tijd	ins. tijd
1. Schotte Alexander	01	WDK	19:15.68 18:30.00
100m:	1:05.02	500m:	6:14.60 1:18.71
200m:	2:20.04	600m:	7:32.70 1:18.10
300m:	3:37.55	700m:	8:51.23 1:18.53
400m:	4:55.89	800m:	10:09.54 1:18.31
		900m:	11:28.30 1:18.76
		1000m:	12:47.02 1:18.72
		1100m:	14:05.20 1:18.18
		1200m:	15:23.87 1:18.67
		1300m:	16:41.66 1:17.79
		1400m:	17:59.58 1:17.92
		1500m:	19:15.68 1:16.10
2. Verbeke Jasper	02	ZIB	20:19.53 20:33.22
100m:	1:10.77	500m:	6:36.66 1:21.80
200m:	2:29.50	600m:	8:00.25 1:23.59
300m:	3:50.92	700m:	10:43.70 2:43.45
400m:	5:14.86	800m:	12:05.83 1:22.13
		900m:	13:28.55 1:22.72
		1000m:	14:50.93 1:22.38
		1100m:	16:14.18 1:23.25
		1200m:	17:37.16 1:22.98
		1300m:	18:58.04 1:20.88
		1400m:	20:19.53 1:21.49
		1500m:	20:19.53
3. Miroir Matisse	01	VZO	20:21.04 19:06.92
100m:	1:08.10	500m:	6:32.24 1:23.62
200m:	2:25.35	600m:	7:56.03 1:23.79
300m:	3:46.13	700m:	9:20.80 1:24.77
400m:	5:08.62	800m:	10:44.15 1:23.35
		900m:	12:07.17 1:23.02
		1000m:	13:30.82 1:23.65
		1100m:	14:54.24 1:23.42
		1200m:	16:19.38 1:25.14
		1300m:	17:41.62 1:22.24
		1400m:	19:04.15 1:22.53
		1500m:	20:21.04 1:16.89
4. Denolf Ward	02	ZIB	21:00.69 20:11.39
100m:	1:11.92	500m:	6:45.35 1:26.25
200m:	2:31.25	600m:	8:11.31 1:25.96
300m:	3:54.81	700m:	9:37.56 1:26.25
400m:	5:19.10	800m:	11:03.17 1:25.61
		900m:	12:27.70 1:24.53
		1000m:	13:54.10 1:26.40
		1100m:	15:22.13 1:28.03
		1200m:	16:50.16 1:28.03
		1300m:	18:15.44 1:25.28
		1400m:	19:39.79 1:24.35
		1500m:	21:00.69 1:20.90

Programmanr. 7, Jongens, 1500m vrije slag, pupillen

Rang	Geb.	Tijd	ins. tijd
5. Ruyschaert Stan	02 ZIB	21:39.82	NT
100m:	1:16.83 1:16.83	500m:	7:08.08 1:28.17
200m:	2:42.97 1:26.14	600m:	8:36.49 1:28.41
300m:	4:11.45 1:28.48	700m:	10:03.67 1:27.18
400m:	5:39.91 1:28.46	800m:	11:30.57 1:26.90
		900m:	12:58.87 1:28.30
		1000m:	14:27.03 1:28.16
		1100m:	15:55.75 1:28.72
		1200m:	17:24.87 1:29.12
1300m:	18:52.52 1:27.65		
1400m:	20:19.60 1:27.08		
1500m:	21:39.82 1:20.22		
6. Chirivi Luca	01 VZSA	21:43.71	23:53.13
100m:	1:18.87 1:18.87	500m:	7:12.91 1:27.25
200m:	2:46.34 1:27.47	600m:	8:42.97 1:30.06
300m:	4:15.72 1:29.38	700m:	10:11.94 1:28.97
400m:	5:45.66 1:29.94	800m:	11:45.34 1:33.40
		900m:	13:14.12 1:28.78
		1000m:	14:41.41 1:27.29
		1100m:	16:09.37 1:27.96
		1200m:	17:37.79 1:28.42
1300m:	19:06.09 1:28.30		
1400m:	20:32.44 1:26.35		
1500m:	21:43.71 1:11.27		
7. Moeyaert Rochney	01 VZN	22:43.35	20:52.13
100m:	1:15.25 1:15.25	500m:	7:02.38 1:28.53
200m:	2:40.44 1:25.19	600m:	8:33.19 1:30.81
300m:	4:03.66 1:23.22	700m:	10:05.13 1:31.94
400m:	5:33.85 1:30.19	800m:	11:38.69 1:33.56
		900m:	13:11.94 1:33.25
		1000m:	14:47.29 1:35.35
		1100m:	16:23.29 1:36.00
		1200m:	17:58.63 1:35.34
1300m:	19:35.22 1:36.59		
1400m:	21:10.72 1:35.50		
1500m:	22:43.35 1:32.63		
8. Dugauquier Keagan	02 PRT	23:20.41	24:00.00
100m:	1:18.13 1:18.13	500m:	7:33.63 1:36.90
200m:	2:48.38 1:30.25	600m:	9:10.26 1:36.63
300m:	4:21.63 1:33.25	700m:	10:46.95 1:36.69
400m:	5:56.73 1:35.10	800m:	12:23.41 1:36.46
		900m:	13:57.70 1:34.29
		1000m:	15:34.41 1:36.71
		1100m:	17:09.13 1:34.72
		1200m:	18:43.97 1:34.84
1300m:	20:18.72 1:34.75		
1400m:	21:52.76 1:34.04		
1500m:	23:20.41 1:27.65		
9. Mattelin Nicolas	02 VZR	23:38.06	21:30.65
100m:	1:21.48 1:21.48	500m:	7:36.34 1:35.47
200m:	2:52.73 1:31.25	600m:	9:11.23 1:34.89
300m:	4:26.48 1:33.75	700m:	10:48.13 1:36.90
400m:	6:00.87 1:34.39	800m:	12:23.44 1:35.31
		900m:	14:00.26 1:36.82
		1000m:	15:38.31 1:38.05
		1100m:	17:14.94 1:36.63
		1200m:	18:51.38 1:36.44
1300m:	20:28.51 1:37.13		
1400m:	22:05.34 1:36.83		
1500m:	23:38.06 1:32.72		
10. De Bruyne Pim	02 VZG	26:26.89	27:00.00
100m:	1:31.81 1:31.81	500m:	8:41.04 1:48.01
200m:	3:17.18 1:45.37	600m:	10:28.61 1:47.57
300m:	5:03.75 1:46.57	700m:	12:16.78 1:48.17
400m:	6:53.03 1:49.28	800m:	14:04.06 1:47.28
		900m:	15:51.18 1:47.12
		1000m:	17:39.96 1:48.78
		1100m:	19:30.00 1:50.04
		1200m:	21:17.14 1:47.14
1300m:	23:05.21 1:48.07		
1400m:	24:50.28 1:45.07		
1500m:	26:26.89 1:36.61		
AFGEM Ruttens Sebbe	02 BZV		NT

Programmanr. 7
20-1-2019 - 14:00

Jongens, 1500m vrije slag

kadetten
Resultaten

Rang	Geb.	Tijd	ins. tijd
1. Ares Elias	04 WDK	20:19.73	19:56.00
100m:	1:10.68 1:10.68	500m:	6:40.71 1:23.86
200m:	2:29.75 1:19.07	600m:	8:05.22 1:24.51
300m:	3:51.97 1:22.22	700m:	9:27.50 1:22.28
400m:	5:16.85 1:24.88	800m:	10:50.03 1:22.53
		900m:	12:13.00 1:22.97
		1000m:	13:34.90 1:21.90
		1100m:	14:58.18 1:23.28
		1200m:	16:20.25 1:22.07
1300m:	17:42.60 1:22.35		
1400m:	19:04.18 1:21.58		
1500m:	20:19.73 1:15.55		
2. Christiaens Kas	04 VZG	21:28.52	22:38.41
100m:	1:13.60 1:13.60	500m:	6:54.40 1:27.41
200m:	2:36.49 1:22.89	600m:	8:23.65 1:29.25
300m:	4:00.82 1:24.33	700m:	9:51.30 1:27.65
400m:	5:26.99 1:26.17	800m:	11:19.27 1:27.97
		900m:	12:46.48 1:27.21
		1000m:	14:14.25 1:27.77
		1100m:	15:43.06 1:28.81
		1200m:	17:12.23 1:29.17
1300m:	18:41.60 1:29.37		
1400m:	20:07.85 1:26.25		
1500m:	21:28.52 1:20.67		
3. Kerckhove Dante	04 BBV	22:05.53	22:22.29
100m:	1:17.31 1:17.31	500m:	7:14.59 1:31.22
200m:	2:44.16 1:26.85	600m:	8:46.02 1:31.43
300m:	4:12.73 1:28.57	700m:	10:17.14 1:31.12
400m:	5:43.37 1:30.64	800m:	11:47.70 1:30.56
		900m:	13:17.26 1:29.56
		1000m:	14:47.55 1:30.29
		1100m:	16:17.84 1:30.29
		1200m:	17:47.77 1:29.93
1300m:	19:16.24 1:28.47		
1400m:	20:44.05 1:27.81		
1500m:	22:05.53 1:21.48		
4. Huygh Robin	04 VZN	22:24.61	22:27.14
100m:	1:18.97 1:18.97	500m:	7:27.28 1:33.75
200m:	2:48.22 1:29.25	600m:	8:58.18 1:30.90
300m:	4:20.57 1:32.35	700m:	10:28.86 1:30.68
400m:	5:53.53 1:32.96	800m:	11:59.57 1:30.71
		900m:	13:30.15 1:30.58
		1000m:	15:00.61 1:30.46
		1100m:	16:31.22 1:30.61
		1200m:	18:02.30 1:31.08
1300m:	19:33.25 1:30.95		
1400m:	21:00.50 1:27.25		
1500m:	22:24.61 1:24.11		
5. Vandaele Maxime	03 VZN	22:32.06	NT
100m:	1:21.59 1:21.59	500m:	7:28.44 1:33.35
200m:	2:51.06 1:29.47	600m:	9:01.68 1:33.24
300m:	4:22.77 1:31.71	700m:	10:33.87 1:32.19
400m:	5:55.09 1:32.32	800m:	12:05.48 1:31.61
		900m:	13:37.19 1:31.71
		1000m:	15:08.25 1:31.06
		1100m:	16:38.46 1:30.21
		1200m:	18:09.81 1:31.35
1300m:	19:41.32 1:31.51		
1400m:	21:11.40 1:30.08		
1500m:	22:32.06 1:20.66		

Programmanr. 7, Jongens, 1500m vrije slag, kadetten



Rang	Geb.	Tijd	ins. tijd
6. Bonjé Aeon	04	VZN 23:42.53	22:41.05
100m:	1:28.84	1:28.84	500m: 7:56.16 1:36.66
200m:	3:04.69	1:35.85	600m: 9:31.35 1:35.19
300m:	4:42.53	1:37.84	700m: 11:07.44 1:36.09
400m:	6:19.50	1:36.97	800m: 12:41.63 1:34.19
900m:	14:16.53	1:34.90	1000m: 15:52.35 1:35.82
1100m:	17:29.19	1:36.84	1200m: 19:06.38 1:37.19
1300m:	20:42.41	1:36.03	
1400m:	22:16.30	1:33.89	
1500m:	23:42.53	1:26.23	
7. Durnez Viktor	04	VZN 24:28.46	NT
100m:	1:25.14	1:25.14	500m: 7:50.00 1:36.69
200m:	3:00.63	1:35.49	600m: 9:29.09 1:39.09
300m:	4:37.37	1:36.74	700m: 11:09.22 1:40.13
400m:	6:13.31	1:35.94	800m: 12:47.93 1:38.71
900m:	14:27.80	1:39.87	1000m: 16:09.08 1:41.28
1100m:	17:50.18	1:41.10	1200m: 19:32.13 1:41.95
1300m:	21:14.99	1:42.86	
1400m:	22:52.84	1:37.85	
1500m:	24:28.46	1:35.62	
8. Devoldere Thomas	03	VZN 25:32.91	NT
100m:	1:26.13	1:26.13	500m: 8:06.07 1:42.82
200m:	3:01.35	1:35.22	600m: 9:50.03 1:43.96
300m:	4:41.13	1:39.78	700m: 11:33.66 1:43.63
400m:	6:23.25	1:42.12	800m: 13:18.63 1:44.97
900m:	15:04.03	1:45.40	1000m: 16:52.66 1:48.63
1100m:	18:39.50	1:46.84	1200m: 20:28.38 1:48.88
1300m:	22:12.41	1:44.03	
1400m:	23:55.97	1:43.56	
1500m:	25:32.91	1:36.94	
9. Mariage Hubert	04	PRT 25:42.22	24:00.00
100m:	1:20.03	1:20.03	500m: 8:06.84 1:45.15
200m:	2:56.66	1:36.63	600m: 9:53.16 1:46.32
300m:	4:37.22	1:40.56	700m: 11:40.31 1:47.15
400m:	6:21.69	1:44.47	800m: 13:24.59 1:44.28
900m:	15:13.00	1:48.41	1000m: 17:02.81 1:49.81
1100m:	18:49.88	1:47.07	1200m: 20:37.09 1:47.21
1300m:	22:23.41	1:46.32	
1400m:	24:09.50	1:46.09	
1500m:	25:42.22	1:32.72	
10. Bonnenge Viktor	03	PRT 28:15.25	26:28.00
100m:	1:30.31	1:30.31	500m: 8:51.57 1:51.76
200m:	3:18.09	1:47.78	600m: 10:44.21 1:52.64
300m:	5:08.17	1:50.08	700m: 12:39.31 1:55.10
400m:	6:59.81	1:51.64	800m: 14:32.67 1:53.36
900m:	16:29.67	1:57.00	1000m: 18:24.74 1:55.07
1100m:	20:20.56	1:55.82	1200m: 22:19.49 1:58.93
1300m:	24:18.78	1:59.29	
1400m:	26:18.07	1:59.29	
1500m:	28:15.25	1:57.18	
AFGEM Alzomorli Audai	04	VZO	NT

Programmanr. 7
20-1-2019 - 14:00

Jongens, 1500m vrije slag

miniemen
Resultaten

Rang	Geb.	Tijd	ins. tijd
1. Trache Obie	05	WDK 21:41.80	NT
100m:	1:17.76	1:17.76	500m: 7:08.36 1:28.11
200m:	2:44.11	1:26.35	600m: 8:35.89 1:27.53
300m:	4:11.68	1:27.57	700m: 10:03.46 1:27.57
400m:	5:40.25	1:28.57	800m: 11:35.40 1:31.94
900m:	12:58.41	1:23.01	1000m: 14:26.34 1:27.93
1100m:	15:58.37	1:32.03	1200m: 17:24.61 1:26.24
1300m:	18:52.50	1:27.89	
1400m:	20:20.15	1:27.65	
1500m:	21:41.80	1:21.65	
2. De Vos Maarten	06	VZG 21:54.82	25:00.00
100m:	1:21.04	1:21.04	500m: 7:12.02 1:29.77
200m:	2:47.27	1:26.23	600m: 8:40.93 1:28.91
300m:	4:14.34	1:27.07	700m: 10:08.90 1:27.97
400m:	5:42.25	1:27.91	800m: 11:38.73 1:29.83
900m:	13:07.84	1:29.11	1000m: 14:36.67 1:28.83
1100m:	16:05.38	1:28.71	1200m: 17:34.91 1:29.53
1300m:	19:04.70	1:29.79	
1400m:	20:33.21	1:28.51	
1500m:	21:54.82	1:21.61	
3. Masyn Jasper	06	ZIB 22:08.10	NT
100m:	1:18.28	1:18.28	500m: 7:11.99 1:28.89
200m:	2:45.21	1:26.93	600m: 8:41.67 1:29.68
300m:	4:13.71	1:28.50	700m: 10:12.35 1:30.68
400m:	5:43.10	1:29.39	800m: 11:42.74 1:30.39
900m:	13:11.67	1:28.93	1000m: 14:43.95 1:32.28
1100m:	16:14.87	1:30.92	1200m: 17:44.81 1:29.94
1300m:	19:16.10	1:31.29	
1400m:	20:45.52	1:29.42	
1500m:	22:08.10	1:22.58	
4. Cappon Staf	06	WDK 22:09.58	21:30.00
100m:	1:20.31	1:20.31	500m: 7:22.48 1:32.03
200m:	2:47.74	1:27.43	600m: 8:56.67 1:34.19
300m:	4:17.95	1:30.21	700m: 10:28.07 1:31.40
400m:	5:50.45	1:32.50	800m: 11:58.45 1:30.38
900m:	13:28.84	1:30.39	1000m: 14:56.32 1:27.48
1100m:	16:25.03	1:28.71	1200m: 17:54.70 1:29.67
1300m:	19:25.26	1:30.56	
1400m:	20:50.17	1:24.91	
1500m:	22:09.58	1:19.41	
5. Ares Wannas	06	WDK 22:12.77	21:30.00
100m:	1:22.33	1:22.33	500m: 7:28.77 1:34.42
200m:	2:51.10	1:28.77	600m: 9:00.87 1:32.10
300m:	4:21.10	1:30.00	700m: 10:30.81 1:29.94
400m:	5:54.35	1:33.25	800m: 11:58.85 1:28.04
900m:	13:28.74	1:29.89	1000m: 14:56.10 1:27.36
1100m:	16:25.60	1:29.50	1200m: 17:55.45 1:29.85
1300m:	19:25.70	1:30.25	
1400m:	20:51.25	1:25.55	
1500m:	22:12.77	1:21.52	
6. Puissant Denis	05	VZT 23:18.41	23:19.25
100m:	1:21.46	1:21.46	500m: 7:37.55 1:35.02
200m:	2:53.02	1:31.56	600m: 9:12.37 1:34.82
300m:	4:26.98	1:33.96	700m: 10:47.21 1:34.84
400m:	6:02.53	1:35.55	800m: 12:22.70 1:35.49
900m:	13:57.80	1:35.10	1000m: 15:31.62 1:33.82
1100m:	17:06.49	1:34.87	1200m: 18:45.02 1:38.53
1300m:	20:17.33	1:32.31	
1400m:	21:50.95	1:33.62	
1500m:	23:18.41	1:27.46	

Programmanr. 7, Jongens, 1500m vrije slag, miniemen



Rang	Geb.	Tijd	ins. tijd
7.	Vansteenkiste Ade 05	ZTB 23:42.43	NT
	100m: 1:21.39 1:21.39	500m: 7:37.81 1:36.39	900m: 14:07.46 1:38.65
	200m: 2:52.92 1:31.53	600m: 9:14.34 1:36.53	1000m: 15:44.84 1:37.38
	300m: 4:21.34 1:28.42	700m: 10:51.57 1:37.23	1100m: 17:22.88 1:38.04
	400m: 6:01.42 1:40.08	800m: 12:28.81 1:37.24	1200m: 19:02.42 1:39.54
8.	Vanlerberghe Lennert 05	BZV 24:23.80	24:06.48
	100m: 1:23.07 1:23.07	500m: 7:55.94 1:40.46	900m: 14:38.63 1:42.18
	200m: 2:57.98 1:34.91	600m: 9:36.27 1:40.33	1000m: 16:20.96 1:42.33
	300m: 4:36.34 1:38.36	700m: 11:15.83 1:39.56	1100m: 18:02.27 1:41.31
	400m: 6:15.48 1:39.14	800m: 12:56.45 1:40.62	1200m: 19:43.35 1:41.08
9.	Kinnaer Lennert 06	VZT 24:36.67	24:00.00
	100m: 1:21.15 1:21.15	500m: 7:47.47 1:39.89	900m: 14:31.18 1:42.53
	200m: 2:53.75 1:32.60	600m: 9:28.22 1:40.75	1000m: 16:12.18 1:41.00
	300m: 4:29.61 1:35.86	700m: 11:08.15 1:39.93	1100m: 17:55.53 1:43.35
	400m: 6:07.58 1:37.97	800m: 12:48.65 1:40.50	1200m: 19:39.15 1:43.62
10.	Vervisch Lowiek 06	ZIB 24:51.37	NT
	100m: 1:26.59 1:26.59	500m: 8:02.62 1:40.09	900m: 14:46.84 1:42.03
	200m: 3:04.31 1:37.72	600m: 9:42.37 1:39.75	1000m: 16:30.44 1:43.60
	300m: 4:43.00 1:38.69	700m: 11:23.37 1:41.00	1100m: 18:13.12 1:42.68
	400m: 6:22.53 1:39.53	800m: 13:04.81 1:41.44	1200m: 19:56.37 1:43.25
11.	Vanbeveren Noah 06	VZN 25:08.94	NT
	100m: 1:26.54 1:26.54	500m: 8:05.06 1:41.69	900m: 14:56.18 1:44.21
	200m: 3:03.41 1:36.87	600m: 9:46.71 1:41.65	1000m: 16:39.51 1:43.33
	300m: 4:42.38 1:38.97	700m: 11:29.18 1:42.47	1100m: 18:24.72 1:45.21
	400m: 6:23.37 1:40.99	800m: 13:11.97 1:42.79	1200m: 20:10.61 1:45.89
12.	Van Lersberghe Rune 06	ZIB 25:43.35	NT
	100m: 1:27.44 1:27.44	500m: 8:20.33 1:45.37	900m: 15:22.49 1:46.47
	200m: 3:07.58 1:40.14	600m: 10:06.35 1:46.02	1000m: 17:08.55 1:46.06
	300m: 4:50.75 1:43.17	700m: 11:51.73 1:45.38	1100m: 18:53.06 1:44.51
	400m: 6:34.96 1:44.21	800m: 13:36.02 1:44.29	1200m: 20:38.25 1:45.19
13.	Heuvelmans Artho 06	VZG 26:21.84	27:00.00
	100m: 1:33.12 1:33.12	500m: 8:41.46 1:48.10	900m: 15:55.94 1:48.88
	200m: 3:18.04 1:44.92	600m: 10:30.82 1:49.36	1000m: 17:42.21 1:46.27
	300m: 5:04.51 1:46.47	700m: 12:19.54 1:48.72	1100m: 19:30.39 1:48.18
	400m: 6:53.36 1:48.85	800m: 14:07.06 1:47.52	1200m: 21:18.32 1:47.93
AFGEM	Zua Yvan 05	KZV	NT

Programmanr. 7
20-1-2019 - 14:00

Heren, 1500m vrije slag

algemeen
Resultaten

Rang	Geb.	Tijd	ins. tijd
1.	Schotte Alexander 01	WDK 19:15.68	18:30.00
	100m: 1:05.02 1:05.02	500m: 6:14.60 1:18.71	900m: 11:28.30 1:18.76
	200m: 2:20.04 1:15.02	600m: 7:32.70 1:18.10	1000m: 12:47.02 1:18.72
	300m: 3:37.55 1:17.51	700m: 8:51.23 1:18.53	1100m: 14:05.20 1:18.18
	400m: 4:55.89 1:18.34	800m: 10:09.54 1:18.31	1200m: 15:23.87 1:18.67
2.	Vanpoucke Jordi 96	WDK 20:06.02	18:40.00
	100m: 1:05.13 1:05.13	500m: 6:15.73 1:19.45	900m: 11:43.09 1:23.46
	200m: 2:20.16 1:15.03	600m: 7:35.06 1:19.33	1000m: 13:06.88 1:23.79
	300m: 3:37.73 1:17.57	700m: 8:56.84 1:21.78	1100m: 14:31.13 1:24.25
	400m: 4:56.28 1:18.55	800m: 10:19.63 1:22.79	1200m: 15:56.63 1:25.50
3.	Verbeke Jasper 02	ZIB 20:19.53	20:33.22
	100m: 1:10.77 1:10.77	500m: 6:36.66 1:21.80	900m: 13:28.55 1:22.72
	200m: 2:29.50 1:18.73	600m: 8:00.25 1:23.59	1000m: 14:50.93 1:22.38
	300m: 3:50.92 1:21.42	700m: 10:43.70 2:43.45	1100m: 16:14.18 1:23.25
	400m: 5:14.86 1:23.94	800m: 12:05.83 1:22.13	1200m: 17:37.16 1:22.98
4.	Ares Elias 04	WDK 20:19.73	19:56.00
	100m: 1:10.68 1:10.68	500m: 6:40.71 1:23.86	900m: 12:13.00 1:22.97
	200m: 2:29.75 1:19.07	600m: 8:05.22 1:24.51	1000m: 13:34.90 1:21.90
	300m: 3:51.97 1:22.22	700m: 9:27.50 1:22.28	1100m: 14:58.18 1:23.28
	400m: 5:16.85 1:24.88	800m: 10:50.03 1:22.53	1200m: 16:20.25 1:22.07

Programmanr. 7, Heren, 1500m vrije slag, algemeen



Rang	Geb.		Tijd	ins. tijd								
5.	Miroir Matisse	01	VZO	20:21.04	19:06.92							
	100m:	1:08.10	1:08.10	500m:	6:32.24	1:23.62	900m:	12:07.17	1:23.02	1300m:	17:41.62	1:22.24
	200m:	2:25.35	1:17.25	600m:	7:56.03	1:23.79	1000m:	13:30.82	1:23.65	1400m:	19:04.15	1:22.53
	300m:	3:46.13	1:20.78	700m:	9:20.80	1:24.77	1100m:	14:54.24	1:23.42	1500m:	20:21.04	1:16.89
	400m:	5:08.62	1:22.49	800m:	10:44.15	1:23.35	1200m:	16:19.38	1:25.14			
6.	Denolf Ward	02	ZIB	21:00.69	20:11.39							
	100m:	1:11.92	1:11.92	500m:	6:45.35	1:26.25	900m:	12:27.70	1:24.53	1300m:	18:15.44	1:25.28
	200m:	2:31.25	1:19.33	600m:	8:11.31	1:25.96	1000m:	13:54.10	1:26.40	1400m:	19:39.79	1:24.35
	300m:	3:54.81	1:23.56	700m:	9:37.56	1:26.25	1100m:	15:22.13	1:28.03	1500m:	21:00.69	1:20.90
	400m:	5:19.10	1:24.29	800m:	11:03.17	1:25.61	1200m:	16:50.16	1:28.03			
7.	Christiaens Kas	04	VZG	21:28.52	22:38.41							
	100m:	1:13.60	1:13.60	500m:	6:54.40	1:27.41	900m:	12:46.48	1:27.21	1300m:	18:41.60	1:29.37
	200m:	2:36.49	1:22.89	600m:	8:23.65	1:29.25	1000m:	14:14.25	1:27.77	1400m:	20:07.85	1:26.25
	300m:	4:00.82	1:24.33	700m:	9:51.30	1:27.65	1100m:	15:43.06	1:28.81	1500m:	21:28.52	1:20.67
	400m:	5:26.99	1:26.17	800m:	11:19.27	1:27.97	1200m:	17:12.23	1:29.17			
8.	Ruyschaert Stan	02	ZIB	21:39.82	NT							
	100m:	1:16.83	1:16.83	500m:	7:08.08	1:28.17	900m:	12:58.87	1:28.30	1300m:	18:52.52	1:27.65
	200m:	2:42.97	1:26.14	600m:	8:36.49	1:28.41	1000m:	14:27.03	1:28.16	1400m:	20:19.60	1:27.08
	300m:	4:11.45	1:28.48	700m:	10:03.67	1:27.18	1100m:	15:55.75	1:28.72	1500m:	21:39.82	1:20.22
	400m:	5:39.91	1:28.46	800m:	11:30.57	1:26.90	1200m:	17:24.87	1:29.12			
9.	Trache Obie	05	WDK	21:41.80	NT							
	100m:	1:17.76	1:17.76	500m:	7:08.36	1:28.11	900m:	12:58.41	1:23.01	1300m:	18:52.50	1:27.89
	200m:	2:44.11	1:26.35	600m:	8:35.89	1:27.53	1000m:	14:26.34	1:27.93	1400m:	20:20.15	1:27.65
	300m:	4:11.68	1:27.57	700m:	10:03.46	1:27.57	1100m:	15:58.37	1:32.03	1500m:	21:41.80	1:21.65
	400m:	5:40.25	1:28.57	800m:	11:35.40	1:31.94	1200m:	17:24.61	1:26.24			
10.	Chirivi Luca	01	VZSA	21:43.71	23:53.13							
	100m:	1:18.87	1:18.87	500m:	7:12.91	1:27.25	900m:	13:14.12	1:28.78	1300m:	19:06.09	1:28.30
	200m:	2:46.34	1:27.47	600m:	8:42.97	1:30.06	1000m:	14:41.41	1:27.29	1400m:	20:32.44	1:26.35
	300m:	4:15.72	1:29.38	700m:	10:11.94	1:28.97	1100m:	16:09.37	1:27.96	1500m:	21:43.71	1:11.27
	400m:	5:45.66	1:29.94	800m:	11:45.34	1:33.40	1200m:	17:37.79	1:28.42			
11.	De Vos Maarten	06	VZG	21:54.82	25:00.00							
	100m:	1:21.04	1:21.04	500m:	7:12.02	1:29.77	900m:	13:07.84	1:29.11	1300m:	19:04.70	1:29.79
	200m:	2:47.27	1:26.23	600m:	8:40.93	1:28.91	1000m:	14:36.67	1:28.83	1400m:	20:33.21	1:28.51
	300m:	4:14.34	1:27.07	700m:	10:08.90	1:27.97	1100m:	16:05.38	1:28.71	1500m:	21:54.82	1:21.61
	400m:	5:42.25	1:27.91	800m:	11:38.73	1:29.83	1200m:	17:34.91	1:29.53			
12.	Kerckhove Dante	04	BBV	22:05.53	22:22.29							
	100m:	1:17.31	1:17.31	500m:	7:14.59	1:31.22	900m:	13:17.26	1:29.56	1300m:	19:16.24	1:28.47
	200m:	2:44.16	1:26.85	600m:	8:46.02	1:31.43	1000m:	14:47.55	1:30.29	1400m:	20:44.05	1:27.81
	300m:	4:12.73	1:28.57	700m:	10:17.14	1:31.12	1100m:	16:17.84	1:30.29	1500m:	22:05.53	1:21.48
	400m:	5:43.37	1:30.64	800m:	11:47.70	1:30.56	1200m:	17:47.77	1:29.93			
13.	Masyn Jasper	06	ZIB	22:08.10	NT							
	100m:	1:18.28	1:18.28	500m:	7:11.99	1:28.89	900m:	13:11.67	1:28.93	1300m:	19:16.10	1:31.29
	200m:	2:45.21	1:26.93	600m:	8:41.67	1:29.68	1000m:	14:43.95	1:32.28	1400m:	20:45.52	1:29.42
	300m:	4:13.71	1:28.50	700m:	10:12.35	1:30.68	1100m:	16:14.87	1:30.92	1500m:	22:08.10	1:22.58
	400m:	5:43.10	1:29.39	800m:	11:42.74	1:30.39	1200m:	17:44.81	1:29.94			
14.	Cappon Staf	06	WDK	22:09.58	21:30.00							
	100m:	1:20.31	1:20.31	500m:	7:22.48	1:32.03	900m:	13:28.84	1:30.39	1300m:	19:25.26	1:30.56
	200m:	2:47.74	1:27.43	600m:	8:56.67	1:34.19	1000m:	14:56.32	1:27.48	1400m:	20:50.17	1:24.91
	300m:	4:17.95	1:30.21	700m:	10:28.07	1:31.40	1100m:	16:25.03	1:28.71	1500m:	22:09.58	1:19.41
	400m:	5:50.45	1:32.50	800m:	11:58.45	1:30.38	1200m:	17:54.70	1:29.67			
15.	Ares Wannas	06	WDK	22:12.77	21:30.00							
	100m:	1:22.33	1:22.33	500m:	7:28.77	1:34.42	900m:	13:28.74	1:29.89	1300m:	19:25.70	1:30.25
	200m:	2:51.10	1:28.77	600m:	9:00.87	1:32.10	1000m:	14:56.10	1:27.36	1400m:	20:51.25	1:25.55
	300m:	4:21.10	1:30.00	700m:	10:30.81	1:29.94	1100m:	16:25.60	1:29.50	1500m:	22:12.77	1:21.52
	400m:	5:54.35	1:33.25	800m:	11:58.85	1:28.04	1200m:	17:55.45	1:29.85			
16.	Vandaele Diederik	70	VZN	22:20.47	20:55.88							
	100m:	1:31.49	1:31.49	500m:	7:25.21	1:29.93	900m:	13:24.51	1:29.67	1300m:	19:22.57	1:29.59
	200m:	2:53.24	1:21.75	600m:	8:55.28	1:30.07	1000m:	14:54.16	1:29.65	1400m:	20:52.58	1:30.01
	300m:	4:24.73	1:31.49	700m:	10:25.05	1:29.77	1100m:	16:23.53	1:29.37	1500m:	22:20.47	1:27.89
	400m:	5:55.28	1:30.55	800m:	11:54.84	1:29.79	1200m:	17:52.98	1:29.45			

Programmanr. 7, Heren, 1500m vrije slag, algemeen



Rang	Geb.	Tijd	ins. tijd						
17.	Huygh Robin	04	VZN	22:24.61	22:27.14				
	100m:	1:18.97	1:18.97	500m:	7:27.28	1:33.75	900m:	13:30.15	1:30.58
	200m:	2:48.22	1:29.25	600m:	8:58.18	1:30.90	1000m:	15:00.61	1:30.46
	300m:	4:20.57	1:32.35	700m:	10:28.86	1:30.68	1100m:	16:31.22	1:30.61
	400m:	5:53.53	1:32.96	800m:	11:59.57	1:30.71	1200m:	18:02.30	1:31.08
							1300m:	19:33.25	1:30.95
							1400m:	21:00.50	1:27.25
							1500m:	22:24.61	1:24.11
18.	Vandaele Maxime	03	VZN	22:32.06	NT				
	100m:	1:21.59	1:21.59	500m:	7:28.44	1:33.35	900m:	13:37.19	1:31.71
	200m:	2:51.06	1:29.47	600m:	9:01.68	1:33.24	1000m:	15:08.25	1:31.06
	300m:	4:22.77	1:31.71	700m:	10:33.87	1:32.19	1100m:	16:38.46	1:30.21
	400m:	5:55.09	1:32.32	800m:	12:05.48	1:31.61	1200m:	18:09.81	1:31.35
							1300m:	19:41.32	1:31.51
							1400m:	21:11.40	1:30.08
							1500m:	22:32.06	1:20.66
19.	Moeyaert Rochney	01	VZN	22:43.35	20:52.13				
	100m:	1:15.25	1:15.25	500m:	7:02.38	1:28.53	900m:	13:11.94	1:33.25
	200m:	2:40.44	1:25.19	600m:	8:33.19	1:30.81	1000m:	14:47.29	1:35.35
	300m:	4:03.66	1:23.22	700m:	10:05.13	1:31.94	1100m:	16:23.29	1:36.00
	400m:	5:33.85	1:30.19	800m:	11:38.69	1:33.56	1200m:	17:58.63	1:35.34
							1300m:	19:35.22	1:36.59
							1400m:	21:10.72	1:35.50
							1500m:	22:43.35	1:32.63
20.	Peel Manly	85	VZO	22:48.47	NT				
	100m:	1:18.22	1:18.22	500m:	7:19.05	1:32.14	900m:	13:31.94	1:34.60
	200m:	2:44.55	1:26.33	600m:	8:51.51	1:32.46	1000m:	15:05.62	1:33.68
	300m:	4:15.30	1:30.75	700m:	10:24.26	1:32.75	1100m:	16:37.97	1:32.35
	400m:	5:46.91	1:31.61	800m:	11:57.34	1:33.08	1200m:	18:14.55	1:36.58
							1300m:	19:46.47	1:31.92
							1400m:	21:19.02	1:32.55
							1500m:	22:48.47	1:29.45
21.	Paredis Robbe	98	VZSA	22:54.97	21:48.84				
	100m:	1:20.74	1:20.74	500m:	7:29.74	1:34.01	900m:	13:38.68	1:32.45
	200m:	2:51.37	1:30.63	600m:	9:02.25	1:32.51	1000m:	15:11.40	1:32.72
	300m:	4:22.90	1:31.53	700m:	10:34.35	1:32.10	1100m:	16:44.68	1:33.28
	400m:	5:55.73	1:32.83	800m:	12:06.23	1:31.88	1200m:	18:17.66	1:32.98
							1300m:	18:51.27	33.61
							1400m:	21:24.09	2:32.82
							1500m:	22:54.97	1:30.88
22.	Puissant Denis	05	VZT	23:18.41	23:19.25				
	100m:	1:21.46	1:21.46	500m:	7:37.55	1:35.02	900m:	13:57.80	1:35.10
	200m:	2:53.02	1:31.56	600m:	9:12.37	1:34.82	1000m:	15:31.62	1:33.82
	300m:	4:26.98	1:33.96	700m:	10:47.21	1:34.84	1100m:	17:06.49	1:34.87
	400m:	6:02.53	1:35.55	800m:	12:22.70	1:35.49	1200m:	18:45.02	1:38.53
							1300m:	20:17.33	1:32.31
							1400m:	21:50.95	1:33.62
							1500m:	23:18.41	1:27.46
23.	Dugauquiez Keagan	02	PRT	23:20.41	24:00.00				
	100m:	1:18.13	1:18.13	500m:	7:33.63	1:36.90	900m:	13:57.70	1:34.29
	200m:	2:48.38	1:30.25	600m:	9:10.26	1:36.63	1000m:	15:34.41	1:36.71
	300m:	4:21.63	1:33.25	700m:	10:46.95	1:36.69	1100m:	17:09.13	1:34.72
	400m:	5:56.73	1:35.10	800m:	12:23.41	1:36.46	1200m:	18:43.97	1:34.84
							1300m:	20:18.72	1:34.75
							1400m:	21:52.76	1:34.04
							1500m:	23:20.41	1:27.65
24.	Mattelin Nicolas	02	VZR	23:38.06	21:30.65				
	100m:	1:21.48	1:21.48	500m:	7:36.34	1:35.47	900m:	14:00.26	1:36.82
	200m:	2:52.73	1:31.25	600m:	9:11.23	1:34.89	1000m:	15:38.31	1:38.05
	300m:	4:26.48	1:33.75	700m:	10:48.13	1:36.90	1100m:	17:14.94	1:36.63
	400m:	6:00.87	1:34.39	800m:	12:23.44	1:35.31	1200m:	18:51.38	1:36.44
							1300m:	20:28.51	1:37.13
							1400m:	22:05.34	1:36.83
							1500m:	23:38.06	1:32.72
25.	Vansteenkiste Ade	05	ZTB	23:42.43	NT				
	100m:	1:21.39	1:21.39	500m:	7:37.81	1:36.39	900m:	14:07.46	1:38.65
	200m:	2:52.92	1:31.53	600m:	9:14.34	1:36.53	1000m:	15:44.84	1:37.38
	300m:	4:21.34	1:28.42	700m:	10:51.57	1:37.23	1100m:	17:22.88	1:38.04
	400m:	6:01.42	1:40.08	800m:	12:28.81	1:37.24	1200m:	19:02.42	1:39.54
							1300m:	20:41.07	1:38.65
							1400m:	22:13.17	1:32.10
							1500m:	23:42.43	1:29.26
26.	Bonjé Aeon	04	VZN	23:42.53	22:41.05				
	100m:	1:28.84	1:28.84	500m:	7:56.16	1:36.66	900m:	14:16.53	1:34.90
	200m:	3:04.69	1:35.85	600m:	9:31.35	1:35.19	1000m:	15:52.35	1:35.82
	300m:	4:42.53	1:37.84	700m:	11:07.44	1:36.09	1100m:	17:29.19	1:36.84
	400m:	6:19.50	1:36.97	800m:	12:41.63	1:34.19	1200m:	19:06.38	1:37.19
							1300m:	20:42.41	1:36.03
							1400m:	22:16.30	1:33.89
							1500m:	23:42.53	1:26.23
27.	Van Wichelen Bram	82	VZSA	23:47.83	24:00.00				
	100m:	1:21.06	1:21.06	500m:	7:41.48	1:36.57	900m:	14:09.20	1:36.82
	200m:	2:53.48	1:32.42	600m:	9:18.63	1:37.15	1000m:	15:41.09	1:31.89
	300m:	4:28.20	1:34.72	700m:	10:55.56	1:36.93	1100m:	17:22.66	1:41.57
	400m:	6:04.91	1:36.71	800m:	12:32.38	1:36.82	1200m:	18:59.51	1:36.85
							1300m:	20:34.63	1:35.12
							1400m:	22:13.74	1:39.11
							1500m:	23:47.83	1:34.09
28.	Vanlerberghe Lennert	05	BZV	24:23.80	24:06.48				
	100m:	1:23.07	1:23.07	500m:	7:55.94	1:40.46	900m:	14:38.63	1:42.18
	200m:	2:57.98	1:34.91	600m:	9:36.27	1:40.33	1000m:	16:20.96	1:42.33
	300m:	4:36.34	1:38.36	700m:	11:15.83	1:39.56	1100m:	18:02.27	1:41.31
	400m:	6:15.48	1:39.14	800m:	12:56.45	1:40.62	1200m:	19:43.35	1:41.08
							1300m:	21:23.67	1:40.32
							1400m:	22:59.63	1:35.96
							1500m:	24:23.80	1:24.17

Programmanr. 7, Heren, 1500m vrije slag, algemeen



Rang	Geb.		Tijd		ins. tijd							
29.	Durnez Viktor 04		VZN 24:28.46		NT							
	100m:	1:25.14	1:25.14	500m:	7:50.00	1:36.69	900m:	14:27.80	1:39.87	1300m:	21:14.99	1:42.86
	200m:	3:00.63	1:35.49	600m:	9:29.09	1:39.09	1000m:	16:09.08	1:41.28	1400m:	22:52.84	1:37.85
	300m:	4:37.37	1:36.74	700m:	11:09.22	1:40.13	1100m:	17:50.18	1:41.10	1500m:	24:28.46	1:35.62
	400m:	6:13.31	1:35.94	800m:	12:47.93	1:38.71	1200m:	19:32.13	1:41.95			
30.	Kinnaer Lennert 06		VZT 24:36.67		24:00.00							
	100m:	1:21.15	1:21.15	500m:	7:47.47	1:39.89	900m:	14:31.18	1:42.53	1300m:	21:21.75	1:42.60
	200m:	2:53.75	1:32.60	600m:	9:28.22	1:40.75	1000m:	16:12.18	1:41.00	1400m:	23:01.36	1:39.61
	300m:	4:29.61	1:35.86	700m:	11:08.15	1:39.93	1100m:	17:55.53	1:43.35	1500m:	24:36.67	1:35.31
	400m:	6:07.58	1:37.97	800m:	12:48.65	1:40.50	1200m:	19:39.15	1:43.62			
31.	Vervisch Lowiek 06		ZIB 24:51.37		NT							
	100m:	1:26.59	1:26.59	500m:	8:02.62	1:40.09	900m:	14:46.84	1:42.03	1300m:	21:39.78	1:43.41
	200m:	3:04.31	1:37.72	600m:	9:42.37	1:39.75	1000m:	16:30.44	1:43.60	1400m:	23:21.34	1:41.56
	300m:	4:43.00	1:38.69	700m:	11:23.37	1:41.00	1100m:	18:13.12	1:42.68	1500m:	24:51.37	1:30.03
	400m:	6:22.53	1:39.53	800m:	13:04.81	1:41.44	1200m:	19:56.37	1:43.25			
32.	Vanbeveren Noah 06		VZN 25:08.94		NT							
	100m:	1:26.54	1:26.54	500m:	8:05.06	1:41.69	900m:	14:56.18	1:44.21	1300m:	21:54.36	1:43.75
	200m:	3:03.41	1:36.87	600m:	9:46.71	1:41.65	1000m:	16:39.51	1:43.33	1400m:	23:37.97	1:43.61
	300m:	4:42.38	1:38.97	700m:	11:29.18	1:42.47	1100m:	18:24.72	1:45.21	1500m:	25:08.94	1:30.97
	400m:	6:23.37	1:40.99	800m:	13:11.97	1:42.79	1200m:	20:10.61	1:45.89			
33.	Devoldere Thomas 03		VZN 25:32.91		NT							
	100m:	1:26.13	1:26.13	500m:	8:06.07	1:42.82	900m:	15:04.03	1:45.40	1300m:	22:12.41	1:44.03
	200m:	3:01.35	1:35.22	600m:	9:50.03	1:43.96	1000m:	16:52.66	1:48.63	1400m:	23:55.97	1:43.56
	300m:	4:41.13	1:39.78	700m:	11:33.66	1:43.63	1100m:	18:39.50	1:46.84	1500m:	25:32.91	1:36.94
	400m:	6:23.25	1:42.12	800m:	13:18.63	1:44.97	1200m:	20:28.38	1:48.88			
34.	Mariage Hubert 04		PRT 25:42.22		24:00.00							
	100m:	1:20.03	1:20.03	500m:	8:06.84	1:45.15	900m:	15:13.00	1:48.41	1300m:	22:23.41	1:46.32
	200m:	2:56.66	1:36.63	600m:	9:53.16	1:46.32	1000m:	17:02.81	1:49.81	1400m:	24:09.50	1:46.09
	300m:	4:37.22	1:40.56	700m:	11:40.31	1:47.15	1100m:	18:49.88	1:47.07	1500m:	25:42.22	1:32.72
	400m:	6:21.69	1:44.47	800m:	13:24.59	1:44.28	1200m:	20:37.09	1:47.21			
35.	Van Lersberghe Rune 06		ZIB 25:43.35		NT							
	100m:	1:27.44	1:27.44	500m:	8:20.33	1:45.37	900m:	15:22.49	1:46.47	1300m:	22:20.12	1:41.87
	200m:	3:07.58	1:40.14	600m:	10:06.35	1:46.02	1000m:	17:08.55	1:46.06	1400m:	24:03.75	1:43.63
	300m:	4:50.75	1:43.17	700m:	11:51.73	1:45.38	1100m:	18:53.06	1:44.51	1500m:	25:43.35	1:39.60
	400m:	6:34.96	1:44.21	800m:	13:36.02	1:44.29	1200m:	20:38.25	1:45.19			
36.	Bonjé Benny 70		VZN 26:15.98		NT							
	100m:	1:35.60	1:35.60	500m:	8:34.74	1:46.37	900m:	15:39.52	1:46.71	1300m:	22:48.70	1:48.18
	200m:	3:17.36	1:41.76	600m:	10:20.48	1:45.74	1000m:	17:26.32	1:46.80	1400m:	24:36.00	1:47.30
	300m:	5:02.33	1:44.97	700m:	12:06.78	1:46.30	1100m:	19:13.17	1:46.85	1500m:	26:15.98	1:39.98
	400m:	6:48.37	1:46.04	800m:	13:52.81	1:46.03	1200m:	21:00.52	1:47.35			
37.	Heuvelmans Artho 06		VZG 26:21.84		27:00.00							
	100m:	1:33.12	1:33.12	500m:	8:41.46	1:48.10	900m:	15:55.94	1:48.88	1300m:	23:06.12	1:47.80
	200m:	3:18.04	1:44.92	600m:	10:30.82	1:49.36	1000m:	17:42.21	1:46.27	1400m:	24:49.34	1:43.22
	300m:	5:04.51	1:46.47	700m:	12:19.54	1:48.72	1100m:	19:30.39	1:48.18	1500m:	26:21.84	1:32.50
	400m:	6:53.36	1:48.85	800m:	14:07.06	1:47.52	1200m:	21:18.32	1:47.93			
38.	De Bruyne Pim 02		VZG 26:26.89		27:00.00							
	100m:	1:31.81	1:31.81	500m:	8:41.04	1:48.01	900m:	15:51.18	1:47.12	1300m:	23:05.21	1:48.07
	200m:	3:17.18	1:45.37	600m:	10:28.61	1:47.57	1000m:	17:39.96	1:48.78	1400m:	24:50.28	1:45.07
	300m:	5:03.75	1:46.57	700m:	12:16.78	1:48.17	1100m:	19:30.00	1:50.04	1500m:	26:26.89	1:36.61
	400m:	6:53.03	1:49.28	800m:	14:04.06	1:47.28	1200m:	21:17.14	1:47.14			
39.	Bonnenge Viktor 03		PRT 28:15.25		26:28.00							
	100m:	1:30.31	1:30.31	500m:	8:51.57	1:51.76	900m:	16:29.67	1:57.00	1300m:	24:18.78	1:59.29
	200m:	3:18.09	1:47.78	600m:	10:44.21	1:52.64	1000m:	18:24.74	1:55.07	1400m:	26:18.07	1:59.29
	300m:	5:08.17	1:50.08	700m:	12:39.31	1:55.10	1100m:	20:20.56	1:55.82	1500m:	28:15.25	1:57.18
	400m:	6:59.81	1:51.64	800m:	14:32.67	1:53.36	1200m:	22:19.49	1:58.93			
40.	Caestecker Wilfried 61		VZSA 29:23.78		28:36.57							
	100m:	1:33.46	1:33.46	500m:	9:20.70	2:01.24	900m:	17:23.81	2:00.07	1300m:	25:30.33	2:00.70
	200m:	3:22.14	1:48.68	600m:	11:22.16	2:01.46	1000m:	19:25.51	2:01.70	1400m:	27:31.90	2:01.57
	300m:	5:19.47	1:57.33	700m:	13:23.53	2:01.37	1100m:	21:26.69	2:01.18	1500m:	29:23.78	1:51.88
	400m:	7:19.46	1:59.99	800m:	15:23.74	2:00.21	1200m:	23:29.63	2:02.94			

Programmanr. 7, Heren, 1500m vrije slag, algemeen



Rang	Geb.	Tijd	ins. tijd
AFGEM Ruttens Sebbe	02 BZV		NT
AFGEM Alzomorli Audai	04 VZO		NT
AFGEM Zua Yvan	05 KZV		NT

Programmanr. 8 Dames, 800m vrije slag veteranen 65 Resultaten
20-1-2019 - 16:38

Rang	Geb.	Tijd	ins. tijd
1. Hubinont Dominique	52 PRT	14:55.70	14:52.58
100m:	1:44.31	1:44.31	300m: 5:33.00 1:54.20
200m:	3:38.80	1:54.49	400m: 7:26.88 1:53.88
			500m: 9:20.45 1:53.57
			600m: 11:13.88 1:53.43
			700m: 13:07.88 1:54.00
			800m: 14:55.70 1:47.82

Programmanr. 8 Dames, 800m vrije slag veteranen 30 Resultaten
20-1-2019 - 16:38

Rang	Geb.	Tijd	ins. tijd
1. Peeters Jessica	86 VZSH	14:28.22	12:54.91
100m:	1:25.25	1:25.25	300m: 5:04.57 1:50.94
200m:	3:13.63	1:48.38	400m: 6:58.16 1:53.59
			500m: 8:51.13 1:52.97
			600m: 10:44.07 1:52.94
			700m: 12:37.50 1:53.43
			800m: 14:28.22 1:50.72

Programmanr. 8 Dames, 800m vrije slag senioren Resultaten
20-1-2019 - 16:38

Rang	Geb.	Tijd	ins. tijd
1. Miroir Héloïse	99 VZO	12:25.43	14:30.30
100m:	1:20.86	1:20.86	300m: 4:27.75 1:34.97
200m:	2:52.78	1:31.92	400m: 6:04.78 1:37.03
			500m: 7:41.39 1:36.61
			600m: 9:17.81 1:36.42
			700m: 10:53.46 1:35.65
			800m: 12:25.43 1:31.97
2. Simoen Fran	96 BBV	13:19.59	12:04.81
100m:	1:26.70	1:26.70	300m: 4:52.34 1:44.46
200m:	3:07.88	1:41.18	400m: 6:36.77 1:44.43
			500m: 8:21.31 1:44.54
			600m: 10:04.13 1:42.82
			700m: 11:44.14 1:40.01
			800m: 13:19.59 1:35.45

Programmanr. 8 Dames, 800m vrije slag pupillen Resultaten
20-1-2019 - 16:38

Rang	Geb.	Tijd	ins. tijd
1. Dereepere Indra	02 ZIB	10:59.56	11:06.33
100m:	1:16.23	1:16.23	300m: 4:01.10 1:23.19
200m:	2:37.91	1:21.68	400m: 5:25.17 1:24.07
			500m: 6:50.03 1:24.86
			600m: 8:13.73 1:23.70
			700m: 9:37.63 1:23.90
			800m: 10:59.56 1:21.93
2. Vansteenkiste Inti	02 ZTB	12:19.69	12:26.75
100m:	1:23.97	1:23.97	300m: 4:34.44 1:35.97
200m:	2:58.47	1:34.50	400m: 6:09.79 1:35.35
			500m: 7:45.00 1:35.21
			600m: 9:19.72 1:34.72
			700m: 10:53.97 1:34.25
			800m: 12:19.69 1:25.72
3. De Grootte Axelle	02 VZN	12:26.55	12:10.71
100m:	1:24.98	1:24.98	300m: 4:31.62 1:34.07
200m:	2:57.55	1:32.57	400m: 6:06.39 1:34.77
			500m: 7:41.64 1:35.25
			600m: 9:18.17 1:36.53
			700m: 10:54.36 1:36.19
			800m: 12:26.55 1:32.19
4. Bethune Elise	01 VZR	12:28.44	12:05.08
100m:	1:22.16	1:22.16	300m: 4:30.56 1:35.50
200m:	2:55.06	1:32.90	400m: 6:06.63 1:36.07
			500m: 7:43.03 1:36.40
			600m: 9:18.50 1:35.47
			700m: 10:54.94 1:36.44
			800m: 12:28.44 1:33.50
5. Claeys Xena	01 VZN	12:39.53	11:20.05
100m:	1:21.82	1:21.82	300m: 4:36.32 1:38.54
200m:	2:57.78	1:35.96	400m: 6:14.22 1:37.90
			500m: 7:51.72 1:37.50
			600m: 9:28.66 1:36.94
			700m: 11:05.91 1:37.25
			800m: 12:39.53 1:33.62
6. Debytere Aude	02 VZR	12:48.41	12:00.60
100m:	1:28.47	1:28.47	300m: 4:44.83 1:38.32
200m:	3:06.51	1:38.04	400m: 6:23.02 1:38.19
			500m: 8:00.77 1:37.75
			600m: 9:37.85 1:37.08
			700m: 11:14.60 1:36.75
			800m: 12:48.41 1:33.81

Programmanr. 8, Dames, 800m vrije slag, pupillen



Rang	Geb.	Tijd	ins. tijd
7. Dewulf Renée	02 ZTB	13:16.00	13:01.29
100m:	1:24.26 1:24.26	300m: 4:38.39 1:50.18	500m: 8:07.75 1:45.07
200m:	2:48.21 1:23.95	400m: 6:22.68 1:44.29	600m: 9:52.78 1:45.03
700m:	11:37.91 1:45.13	800m:	13:16.00 1:38.09
8. Houllier Mouri	01 WDK	13:16.36	12:30.00
100m:	1:27.71 1:27.71	300m: 4:51.14 1:43.96	500m: 8:16.06 1:43.13
200m:	3:07.18 1:39.47	400m: 6:32.93 1:41.79	600m: 10:00.61 1:44.55
700m:	11:44.18 1:43.57	800m:	13:16.36 1:32.18

Programmanr. 8
20-1-2019 - 16:38

Meisjes, 800m vrije slag

kadetten
Resultaten

Rang	Geb.	Tijd	ins. tijd
1. Van Daele Laetitia	03 VZO	11:02.99	11:12.37
100m:	1:16.25 1:16.25	300m: 4:03.71 1:24.43	500m: 6:54.78 1:25.92
200m:	2:39.28 1:23.03	400m: 5:28.86 1:25.15	600m: 8:20.60 1:25.82
700m:	9:44.78 1:24.18	800m:	11:02.99 1:18.21
2. Van Parys Justine	04 VZG	11:08.13	11:15.50
100m:	1:13.62 1:13.62	300m: 4:03.31 1:25.73	500m: 6:55.22 1:26.53
200m:	2:37.58 1:23.96	400m: 5:28.69 1:25.38	600m: 8:21.22 1:26.00
700m:	9:45.58 1:24.36	800m:	11:08.13 1:22.55
3. Deneire Jara	04 VZO	11:14.50	14:10.10
100m:	1:15.03 1:15.03	300m: 4:03.52 1:25.60	500m: 6:56.06 1:26.46
200m:	2:37.92 1:22.89	400m: 5:29.60 1:26.08	600m: 8:23.06 1:27.00
700m:	9:49.92 1:26.86	800m:	11:14.50 1:24.58
4. Persijn Lies	03 VZR	11:20.67	11:14.60
100m:	1:16.00 1:16.00	300m: 4:04.47 1:25.51	500m: 6:58.61 1:27.79
200m:	2:38.96 1:22.96	400m: 5:30.82 1:26.35	600m: 8:26.75 1:28.14
700m:	9:55.47 1:28.72	800m:	11:20.67 1:25.20
5. D'hoore Ellen	03 ZIB	11:42.76	11:34.89
100m:	1:19.02 1:19.02	300m: 4:18.08 1:30.23	500m: 7:19.84 1:30.95
200m:	2:47.85 1:28.83	400m: 5:48.89 1:30.81	600m: 8:49.72 1:29.88
700m:	10:20.20 1:30.48	800m:	11:42.76 1:22.56
6. Beils Manou	04 ZTB	11:51.30	NT
100m:	1:17.85 1:17.85	300m: 4:16.70 1:31.35	500m: 7:22.56 1:32.64
200m:	2:45.35 1:27.50	400m: 5:49.92 1:33.22	600m: 8:53.85 1:31.29
700m:	10:24.95 1:31.10	800m:	11:51.30 1:26.35
7. Simons Sara	04 BBV	12:09.25	12:22.03
100m:	1:22.74 1:22.74	300m: 4:27.66 1:33.78	500m: 7:36.70 1:34.00
200m:	2:53.88 1:31.14	400m: 6:02.70 1:35.04	600m: 9:11.55 1:34.85
700m:	10:45.56 1:34.01	800m:	12:09.25 1:23.69
8. Vervaecke Emma	04 BZV	12:29.78	NT
100m:	1:24.21 1:24.21	300m: 4:34.66 1:34.88	500m: 7:44.16 1:34.48
200m:	2:59.78 1:35.57	400m: 6:09.68 1:35.02	600m: 9:20.78 1:36.62
700m:	10:57.78 1:37.00	800m:	12:29.78 1:32.00
9. Jaecques Jana	04 WDK	12:33.49	11:50.00
100m:	1:20.28 1:20.28	300m: 4:27.78 1:32.57	500m: 7:43.28 1:38.75
200m:	2:55.21 1:34.93	400m: 6:04.53 1:36.75	600m: 9:23.36 1:40.08
700m:	11:01.50 1:38.14	800m:	12:33.49 1:31.99
10. Waeytens Jinty	04 VZG	12:34.68	12:24.50
100m:	1:24.97 1:24.97	300m: 4:35.87 1:36.22	500m: 7:50.69 1:37.47
200m:	2:59.65 1:34.68	400m: 6:13.22 1:37.35	600m: 9:26.97 1:36.28
700m:	11:02.79 1:35.82	800m:	12:34.68 1:31.89
11. Kalut Vianne	04 VZT	12:36.94	12:32.73
100m:	1:26.00 1:26.00	300m: 4:37.48 1:36.82	500m: 7:51.02 1:36.11
200m:	3:00.66 1:34.66	400m: 6:14.91 1:37.43	600m: 9:27.38 1:36.36
700m:	11:04.38 1:37.00	800m:	12:36.94 1:32.56
12. Renier Axelle	03 VZO	14:13.23	NT
100m:	1:35.48 1:35.48	300m: 5:09.79 1:48.34	500m: 8:48.66 1:49.45
200m:	3:21.45 1:45.97	400m: 6:59.21 1:49.42	600m: 10:38.23 1:49.57
700m:	12:27.97 1:49.74	800m:	14:13.23 1:45.26
13. Kelmendi Ftasa	04 VZO	14:17.18	NT
100m:	1:30.46 1:30.46	300m: 5:06.92 1:50.18	500m: 8:49.77 1:51.98
200m:	3:16.74 1:46.28	400m: 6:57.79 1:50.87	600m: 10:41.42 1:51.65
700m:	12:32.80 1:51.38	800m:	14:17.18 1:44.38

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Meisjes, 800m vrije slag

miniemen
Resultaten

Rang	Geb.	Tijd	ins. tijd						
1.	Minnebo Lotte	06 ZIB	10:53.32	11:18.24					
	100m: 1:16.09	1:16.09	300m: 4:01.32	1:22.74	500m: 6:49.07	1:23.70	700m: 9:36.58	3:23.53	
	200m: 2:38.58	1:22.49	400m: 5:25.37	1:24.05	600m: 6:13.05		800m: 10:53.32	1:16.74	
2.	Verburgh Mona	05 ZIB	11:15.90	11:28.63					
	100m: 1:16.68	1:16.68	300m: 4:03.46	1:23.95	500m: 6:57.94		700m: 9:52.52	1:27.17	
	200m: 2:39.51	1:22.83	400m:		600m: 8:25.35	1:27.41	800m: 11:15.90	1:23.38	
3.	Vervisch Annelot	05 ZIB	11:44.12	NT					
	100m: 1:16.88	1:16.88	300m: 4:14.73	1:30.19	500m: 7:17.91	1:32.02	700m: 10:21.13	1:31.75	
	200m: 2:44.54	1:27.66	400m: 5:45.89	1:31.16	600m: 8:49.38	1:31.47	800m: 11:44.12	1:22.99	
4.	Kerckhove Ise	06 BBV	12:11.33	12:03.29					
	100m: 1:21.65	1:21.65	300m: 4:28.40	1:34.68	500m: 7:39.53	1:35.34	700m: 10:18.61	1:04.18	
	200m: 2:53.72	1:32.07	400m: 6:04.19	1:35.79	600m: 9:14.43	1:34.90	800m: 12:11.33	1:52.72	
5.	Knockaert Hanne	05 BBV	12:12.98	12:39.77					
	100m: 1:25.07	1:25.07	300m: 4:33.22	1:35.39	500m: 7:42.66	1:34.46	700m: 10:19.44	1:03.60	
	200m: 2:57.83	1:32.76	400m: 6:08.20	1:34.98	600m: 9:15.84	1:33.18	800m: 12:12.98	1:53.54	
6.	Deweerd Lieze	05 WDK	12:40.57	14:30.00					
	100m: 1:24.18	1:24.18	300m: 4:34.50	1:36.86	500m: 7:48.84	1:38.09	700m: 11:05.92	1:38.04	
	200m: 2:57.64	1:33.46	400m: 6:10.75	1:36.25	600m: 9:27.88	1:39.04	800m: 12:40.57	1:34.65	
7.	Cloet Emma	05 VZO	12:53.54	NT					
	100m: 1:26.24	1:26.24	300m: 4:41.95	1:38.75	500m: 7:59.52	1:38.41	700m: 11:19.39	1:39.95	
	200m: 3:03.20	1:36.96	400m: 6:21.11	1:39.16	600m: 9:39.44	1:39.92	800m: 12:53.54	1:34.15	
8.	Ruttens Amber	05 BZV	13:07.15	NT					
	100m: 1:24.66	1:24.66	300m: 4:41.41	1:38.83	500m: 8:04.15	1:41.94	700m: 11:29.67	1:43.28	
	200m: 3:02.58	1:37.92	400m: 6:22.21	1:40.80	600m: 9:46.39	1:42.24	800m: 13:07.15	1:37.48	
9.	Durnez Marthe	06 VZN	13:08.55	NT					
	100m: 1:26.94	1:26.94	300m: 4:46.44	1:40.93	500m: 8:09.22	1:41.75	700m: 11:32.19	1:41.53	
	200m: 3:05.51	1:38.57	400m: 6:27.47	1:41.03	600m: 9:50.66	1:41.44	800m: 13:08.55	1:36.36	
10.	Marsham Elisha	06 BBV	13:31.82	13:52.38					
	100m: 1:29.70	1:29.70	300m: 4:59.60	1:45.69	500m: 8:33.80	1:47.70	700m: 11:57.34	1:38.82	
	200m: 3:13.91	1:44.21	400m: 6:46.10	1:46.50	600m: 10:18.52	1:44.72	800m: 13:31.82	1:34.48	
11.	Housaer Merit	06 BBV	13:37.30	14:20.00					
	100m: 1:31.24	1:31.24	300m: 5:02.88	1:46.52	500m: 8:35.62	1:45.65	700m: 11:56.82	1:36.46	
	200m: 3:16.36	1:45.12	400m: 6:49.97	1:47.09	600m: 10:20.36	1:44.74	800m: 13:37.30	1:40.48	
12.	De Clercq Hanne	06 VZSA	13:49.19	NT					
	100m: 1:31.46	1:31.46	300m: 5:03.07	1:46.58	500m: 8:39.24	1:48.15	700m: 12:07.03	1:43.19	
	200m: 3:16.49	1:45.03	400m: 6:51.09	1:48.02	600m: 10:23.84	1:44.60	800m: 13:49.19	1:42.16	
13.	Lemaire Britt	06 VZN	14:25.73	NT					
	100m: 1:31.78	1:31.78	300m: 5:12.89	1:52.25	500m: 8:55.21	1:50.32	700m: 12:41.25	1:51.54	
	200m: 3:20.64	1:48.86	400m: 7:04.89	1:52.00	600m: 10:49.71	1:54.50	800m: 14:25.73	1:44.48	
14.	Deretz Louise	06 PRT	17:10.15	14:52.58					
	100m: 1:46.53	1:46.53	300m: 6:16.15	2:16.21	500m: 10:53.47	2:18.85	700m: 15:20.12	2:11.22	
	200m: 3:59.94	2:13.41	400m: 8:34.62	2:18.47	600m: 13:08.90	2:15.43	800m: 17:10.15	1:50.03	
DIS	Deretz Lucie	06 PRT		16.00					
	<i>SW10-WE2 - de volledige afstand niet verzwommen</i>								
AFGEM	D'Heere Elise-Cato	06 VZN		NT					
AFGEM	Versluys Dawn	05 VZO		11:42.66					

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Dames, 800m vrije slag

algemeen
Resultaten

Rang	Geb.		Tijd	ins. tijd				
1. Minnebo Lotte	06	ZIB	10:53.32	11:18.24				
	100m: 1:16.09	1:16.09	300m: 4:01.32	1:22.74	500m: 6:49.07	1:23.70	700m: 9:36.58	3:23.53
	200m: 2:38.58	1:22.49	400m: 5:25.37	1:24.05	600m: 6:13.05		800m: 10:53.32	1:16.74
2. Dereepere Indra	02	ZIB	10:59.56	11:06.33				
	100m: 1:16.23	1:16.23	300m: 4:01.10	1:23.19	500m: 6:50.03	1:24.86	700m: 9:37.63	1:23.90
	200m: 2:37.91	1:21.68	400m: 5:25.17	1:24.07	600m: 8:13.73	1:23.70	800m: 10:59.56	1:21.93
3. Van Daele Laetitia	03	VZO	11:02.99	11:12.37				
	100m: 1:16.25	1:16.25	300m: 4:03.71	1:24.43	500m: 6:54.78	1:25.92	700m: 9:44.78	1:24.18
	200m: 2:39.28	1:23.03	400m: 5:28.86	1:25.15	600m: 8:20.60	1:25.82	800m: 11:02.99	1:18.21
4. Van Parys Justine	04	VZG	11:08.13	11:15.50				
	100m: 1:13.62	1:13.62	300m: 4:03.31	1:25.73	500m: 6:55.22	1:26.53	700m: 9:45.58	1:24.36
	200m: 2:37.58	1:23.96	400m: 5:28.69	1:25.38	600m: 8:21.22	1:26.00	800m: 11:08.13	1:22.55
5. Deneire Jara	04	VZO	11:14.50	14:10.10				
	100m: 1:15.03	1:15.03	300m: 4:03.52	1:25.60	500m: 6:56.06	1:26.46	700m: 9:49.92	1:26.86
	200m: 2:37.92	1:22.89	400m: 5:29.60	1:26.08	600m: 8:23.06	1:27.00	800m: 11:14.50	1:24.58
6. Verburgh Mona	05	ZIB	11:15.90	11:28.63				
	100m: 1:16.68	1:16.68	300m: 4:03.46	1:23.95	500m: 6:57.94		700m: 9:52.52	1:27.17
	200m: 2:39.51	1:22.83	400m:		600m: 8:25.35	1:27.41	800m: 11:15.90	1:23.38
7. Persijn Lies	03	VZR	11:20.67	11:14.60				
	100m: 1:16.00	1:16.00	300m: 4:04.47	1:25.51	500m: 6:58.61	1:27.79	700m: 9:55.47	1:28.72
	200m: 2:38.96	1:22.96	400m: 5:30.82	1:26.35	600m: 8:26.75	1:28.14	800m: 11:20.67	1:25.20
8. D'hoore Ellen	03	ZIB	11:42.76	11:34.89				
	100m: 1:19.02	1:19.02	300m: 4:18.08	1:30.23	500m: 7:19.84	1:30.95	700m: 10:20.20	1:30.48
	200m: 2:47.85	1:28.83	400m: 5:48.89	1:30.81	600m: 8:49.72	1:29.88	800m: 11:42.76	1:22.56
9. Vervisch Annelot	05	ZIB	11:44.12	NT				
	100m: 1:16.88	1:16.88	300m: 4:14.73	1:30.19	500m: 7:17.91	1:32.02	700m: 10:21.13	1:31.75
	200m: 2:44.54	1:27.66	400m: 5:45.89	1:31.16	600m: 8:49.38	1:31.47	800m: 11:44.12	1:22.99
10. Beils Manou	04	ZTB	11:51.30	NT				
	100m: 1:17.85	1:17.85	300m: 4:16.70	1:31.35	500m: 7:22.56	1:32.64	700m: 10:24.95	1:31.10
	200m: 2:45.35	1:27.50	400m: 5:49.92	1:33.22	600m: 8:53.85	1:31.29	800m: 11:51.30	1:26.35
11. Simons Sara	04	BBV	12:09.25	12:22.03				
	100m: 1:22.74	1:22.74	300m: 4:27.66	1:33.78	500m: 7:36.70	1:34.00	700m: 10:45.56	1:34.01
	200m: 2:53.88	1:31.14	400m: 6:02.70	1:35.04	600m: 9:11.55	1:34.85	800m: 12:09.25	1:23.69
12. Kerckhove Ise	06	BBV	12:11.33	12:03.29				
	100m: 1:21.65	1:21.65	300m: 4:28.40	1:34.68	500m: 7:39.53	1:35.34	700m: 10:18.61	1:04.18
	200m: 2:53.72	1:32.07	400m: 6:04.19	1:35.79	600m: 9:14.43	1:34.90	800m: 12:11.33	1:52.72
13. Knockaert Hanne	05	BBV	12:12.98	12:39.77				
	100m: 1:25.07	1:25.07	300m: 4:33.22	1:35.39	500m: 7:42.66	1:34.46	700m: 10:19.44	1:03.60
	200m: 2:57.83	1:32.76	400m: 6:08.20	1:34.98	600m: 9:15.84	1:33.18	800m: 12:12.98	1:53.54
14. Vansteenkiste Inti	02	ZTB	12:19.69	12:26.75				
	100m: 1:23.97	1:23.97	300m: 4:34.44	1:35.97	500m: 7:45.00	1:35.21	700m: 10:53.97	1:34.25
	200m: 2:58.47	1:34.50	400m: 6:09.79	1:35.35	600m: 9:19.72	1:34.72	800m: 12:19.69	1:25.72
15. Miroir Héloïse	99	VZO	12:25.43	14:30.30				
	100m: 1:20.86	1:20.86	300m: 4:27.75	1:34.97	500m: 7:41.39	1:36.61	700m: 10:53.46	1:35.65
	200m: 2:52.78	1:31.92	400m: 6:04.78	1:37.03	600m: 9:17.81	1:36.42	800m: 12:25.43	1:31.97
16. De Grootte Axelle	02	VZN	12:26.55	12:10.71				
	100m: 1:24.98	1:24.98	300m: 4:31.62	1:34.07	500m: 7:41.64	1:35.25	700m: 10:54.36	1:36.19
	200m: 2:57.55	1:32.57	400m: 6:06.39	1:34.77	600m: 9:18.17	1:36.53	800m: 12:26.55	1:32.19
17. Bethune Elise	01	VZR	12:28.44	12:05.08				
	100m: 1:22.16	1:22.16	300m: 4:30.56	1:35.50	500m: 7:43.03	1:36.40	700m: 10:54.94	1:36.44
	200m: 2:55.06	1:32.90	400m: 6:06.63	1:36.07	600m: 9:18.50	1:35.47	800m: 12:28.44	1:33.50
18. Vervaecke Emma	04	BZV	12:29.78	NT				
	100m: 1:24.21	1:24.21	300m: 4:34.66	1:34.88	500m: 7:44.16	1:34.48	700m: 10:57.78	1:37.00
	200m: 2:59.78	1:35.57	400m: 6:09.68	1:35.02	600m: 9:20.78	1:36.62	800m: 12:29.78	1:32.00

Programmanr. 8, Dames, 800m vrije slag, algemeen



Rang	Geb.		Tijd	ins. tijd					
19.	Jaecques Jana	04	WDK	12:33.49	11:50.00				
	100m: 1:20.28	1:20.28	300m: 4:27.78	1:32.57	500m: 7:43.28	1:38.75	700m: 11:01.50	1:38.14	
	200m: 2:55.21	1:34.93	400m: 6:04.53	1:36.75	600m: 9:23.36	1:40.08	800m: 12:33.49	1:31.99	
20.	Waeytens Jinty	04	VZG	12:34.68	12:24.50				
	100m: 1:24.97	1:24.97	300m: 4:35.87	1:36.22	500m: 7:50.69	1:37.47	700m: 11:02.79	1:35.82	
	200m: 2:59.65	1:34.68	400m: 6:13.22	1:37.35	600m: 9:26.97	1:36.28	800m: 12:34.68	1:31.89	
21.	Kalut Vianne	04	VZT	12:36.94	12:32.73				
	100m: 1:26.00	1:26.00	300m: 4:37.48	1:36.82	500m: 7:51.02	1:36.11	700m: 11:04.38	1:37.00	
	200m: 3:00.66	1:34.66	400m: 6:14.91	1:37.43	600m: 9:27.38	1:36.36	800m: 12:36.94	1:32.56	
22.	Claeys Xena	01	VZN	12:39.53	11:20.05				
	100m: 1:21.82	1:21.82	300m: 4:36.32	1:38.54	500m: 7:51.72	1:37.50	700m: 11:05.91	1:37.25	
	200m: 2:57.78	1:35.96	400m: 6:14.22	1:37.90	600m: 9:28.66	1:36.94	800m: 12:39.53	1:33.62	
23.	Deweerd Lieze	05	WDK	12:40.57	14:30.00				
	100m: 1:24.18	1:24.18	300m: 4:34.50	1:36.86	500m: 7:48.84	1:38.09	700m: 11:05.92	1:38.04	
	200m: 2:57.64	1:33.46	400m: 6:10.75	1:36.25	600m: 9:27.88	1:39.04	800m: 12:40.57	1:34.65	
24.	Debyttre Aude	02	VZR	12:48.41	12:00.60				
	100m: 1:28.47	1:28.47	300m: 4:44.83	1:38.32	500m: 8:00.77	1:37.75	700m: 11:14.60	1:36.75	
	200m: 3:06.51	1:38.04	400m: 6:23.02	1:38.19	600m: 9:37.85	1:37.08	800m: 12:48.41	1:33.81	
25.	Cloet Emma	05	VZO	12:53.54	NT				
	100m: 1:26.24	1:26.24	300m: 4:41.95	1:38.75	500m: 7:59.52	1:38.41	700m: 11:19.39	1:39.95	
	200m: 3:03.20	1:36.96	400m: 6:21.11	1:39.16	600m: 9:39.44	1:39.92	800m: 12:53.54	1:34.15	
26.	Ruttens Amber	05	BZV	13:07.15	NT				
	100m: 1:24.66	1:24.66	300m: 4:41.41	1:38.83	500m: 8:04.15	1:41.94	700m: 11:29.67	1:43.28	
	200m: 3:02.58	1:37.92	400m: 6:22.21	1:40.80	600m: 9:46.39	1:42.24	800m: 13:07.15	1:37.48	
27.	Durnez Marthe	06	VZN	13:08.55	NT				
	100m: 1:26.94	1:26.94	300m: 4:46.44	1:40.93	500m: 8:09.22	1:41.75	700m: 11:32.19	1:41.53	
	200m: 3:05.51	1:38.57	400m: 6:27.47	1:41.03	600m: 9:50.66	1:41.44	800m: 13:08.55	1:36.36	
28.	Dewulf Renée	02	ZTB	13:16.00	13:01.29				
	100m: 1:24.26	1:24.26	300m: 4:38.39	1:50.18	500m: 8:07.75	1:45.07	700m: 11:37.91	1:45.13	
	200m: 2:48.21	1:23.95	400m: 6:22.68	1:44.29	600m: 9:52.78	1:45.03	800m: 13:16.00	1:38.09	
29.	Houllier Mouri	01	WDK	13:16.36	12:30.00				
	100m: 1:27.71	1:27.71	300m: 4:51.14	1:43.96	500m: 8:16.06	1:43.13	700m: 11:44.18	1:43.57	
	200m: 3:07.18	1:39.47	400m: 6:32.93	1:41.79	600m: 10:00.61	1:44.55	800m: 13:16.36	1:32.18	
30.	Simoen Fran	96	BBV	13:19.59	12:04.81				
	100m: 1:26.70	1:26.70	300m: 4:52.34	1:44.46	500m: 8:21.31	1:44.54	700m: 11:44.14	1:40.01	
	200m: 3:07.88	1:41.18	400m: 6:36.77	1:44.43	600m: 10:04.13	1:42.82	800m: 13:19.59	1:35.45	
31.	Marsham Elisha	06	BBV	13:31.82	13:52.38				
	100m: 1:29.70	1:29.70	300m: 4:59.60	1:45.69	500m: 8:33.80	1:47.70	700m: 11:57.34	1:38.82	
	200m: 3:13.91	1:44.21	400m: 6:46.10	1:46.50	600m: 10:18.52	1:44.72	800m: 13:31.82	1:34.48	
32.	Housaer Merit	06	BBV	13:37.30	14:20.00				
	100m: 1:31.24	1:31.24	300m: 5:02.88	1:46.52	500m: 8:35.62	1:45.65	700m: 11:56.82	1:36.46	
	200m: 3:16.36	1:45.12	400m: 6:49.97	1:47.09	600m: 10:20.36	1:44.74	800m: 13:37.30	1:40.48	
33.	De Clercq Hanne	06	VZSA	13:49.19	NT				
	100m: 1:31.46	1:31.46	300m: 5:03.07	1:46.58	500m: 8:39.24	1:48.15	700m: 12:07.03	1:43.19	
	200m: 3:16.49	1:45.03	400m: 6:51.09	1:48.02	600m: 10:23.84	1:44.60	800m: 13:49.19	1:42.16	
34.	Renier Axelle	03	VZO	14:13.23	NT				
	100m: 1:35.48	1:35.48	300m: 5:09.79	1:48.34	500m: 8:48.66	1:49.45	700m: 12:27.97	1:49.74	
	200m: 3:21.45	1:45.97	400m: 6:59.21	1:49.42	600m: 10:38.23	1:49.57	800m: 14:13.23	1:45.26	
35.	Kelmendi Ftasa	04	VZO	14:17.18	NT				
	100m: 1:30.46	1:30.46	300m: 5:06.92	1:50.18	500m: 8:49.77	1:51.98	700m: 12:32.80	1:51.38	
	200m: 3:16.74	1:46.28	400m: 6:57.79	1:50.87	600m: 10:41.42	1:51.65	800m: 14:17.18	1:44.38	
36.	Lemaire Britt	06	VZN	14:25.73	NT				
	100m: 1:31.78	1:31.78	300m: 5:12.89	1:52.25	500m: 8:55.21	1:50.32	700m: 12:41.25	1:51.54	
	200m: 3:20.64	1:48.86	400m: 7:04.89	1:52.00	600m: 10:49.71	1:54.50	800m: 14:25.73	1:44.48	
37.	Peeters Jessica	86	VZSH	14:28.22	12:54.91				
	100m: 1:25.25	1:25.25	300m: 5:04.57	1:50.94	500m: 8:51.13	1:52.97	700m: 12:37.50	1:53.43	
	200m: 3:13.63	1:48.38	400m: 6:58.16	1:53.59	600m: 10:44.07	1:52.94	800m: 14:28.22	1:50.72	

Programmanr. 8, Dames, 800m vrije slag, algemeen



Rang	Geb.	Tijd	ins. tijd
38. Hubinont Dominique	52 PRT	14:55.70	14:52.58
100m:	1:44.31	300m: 5:33.00	1:54.20
200m:	3:38.80	400m: 7:26.88	1:53.88
500m:	9:20.45	600m: 11:13.88	1:53.43
700m:	13:07.88	800m:	14:55.70
1:54.00			1:47.82
39. Deretz Louise	06 PRT	17:10.15	14:52.58
100m:	1:46.53	300m: 6:16.15	2:16.21
200m:	3:59.94	400m: 8:34.62	2:18.47
500m:	10:53.47	600m: 13:08.90	2:15.43
700m:	15:20.12	800m:	17:10.15
2:11.22			1:50.03
DIS Deretz Lucie	06 PRT		16.00
<i>SW10-WE2 - de volledige afstand niet verzwommen</i>			
AFGEM D'Heere Elise-Cato	06 VZN		NT
AFGEM Versluys Dawn	05 VZO		11:42.66

Programmanr. 9
20-1-2019 - 17:48

Heren, 4 x 200m vrije slag

seniors
Resultaten

Rang	Tijd	ins. tijd
1. ZIB 1	9:49.36	9:34.08
Ruysschaert Stan	02	1:10.60
Denolf Ward	02	1:07.31
Masyn Jasper	06	1:16.90
Verbeke Jasper	02	1:04.99
2. WDK	9:59.89	NT
Cappon Staf	06	1:16.89
Ares Elias	04	1:15.72
Ares Wannas	06	1:08.85
Schotte Alexander	01	1:02.67
3. VZN 1	10:16.26	9:43.01
Vandaele Diederik	70	1:17.62
Huygh Robin	04	1:15.08
Vandaele Maxime	03	1:15.84
Moeyaert Rochney	01	1:06.00
4. VZG 1	11:07.08	10:58.13
De Vos Maarten	06	1:16.25
De Bruyne Pim	02	1:20.57
Heuvelmans Artho	06	1:28.48
Christiaens Kas	04	1:09.43
5. VZN 2	11:59.98	11:53.77
Bonjé Benny	70	1:33.12
Vanbeveren Noah	06	1:26.83
Bonjé Aeon	04	1:26.02
Durnez Viktor	04	1:23.94

Programmanr. 10
20-1-2019 - 18:01

Dames, 4 x 200m vrije slag

seniors
Resultaten

Rang	Tijd	ins. tijd
1. ZIB 1	10:22.54	9:50.79
Minnebo Lotte	06	1:13.48
Verburgh Mona	05	1:15.46
D'hoore Ellen	03	1:13.78
Dereepere Indra	02	1:14.72
2. VZG 1	10:50.43	10:45.78
Evers Janne	04	1:15.53
Waeytens Jinty	04	1:22.37
Cocquyt Emmelie	04	1:16.78
Van Parys Justine	04	1:15.28

Programmanr. 10, Dames, 4 x 200m vrije slag, seniors



Rang		Tijd	ins. tijd		
3.	BBV	11:10.09	11:20.76		
	Simons Sara	04	1:18.09	2:43.03	2:43.03
	Hanne Knockaert	05	1:22.68	2:47.11	2:47.11
	Kerckhove Ise	06	1:19.28	2:42.78	2:42.78
	Simoen Fran	96	1:21.82	2:57.17	2:57.17
4.	VZO 1	11:14.97	10:31.61		
	Miroir Héloïse	99	1:20.06	2:50.81	2:50.81
	Cloet Emma	05	1:25.33	2:59.23	2:59.23
	Deneire Jara	04	1:10.24	2:30.30	2:30.30
	Van Daele Laetitia	03	1:24.09	2:54.63	2:54.63
5.	VZN 1	12:28.03	12:40.05		
	Durnez Marthe	06	1:22.67	2:58.99	2:58.99
	Lemaire Britt	06	1:37.21	3:28.53	3:28.53
	De Groote Axelle	02	1:25.73	2:58.08	2:58.08
	Claeys Xena	01	1:27.50	3:02.43	3:02.43
	AFGEM VZN 2	VZN	14:51.49		